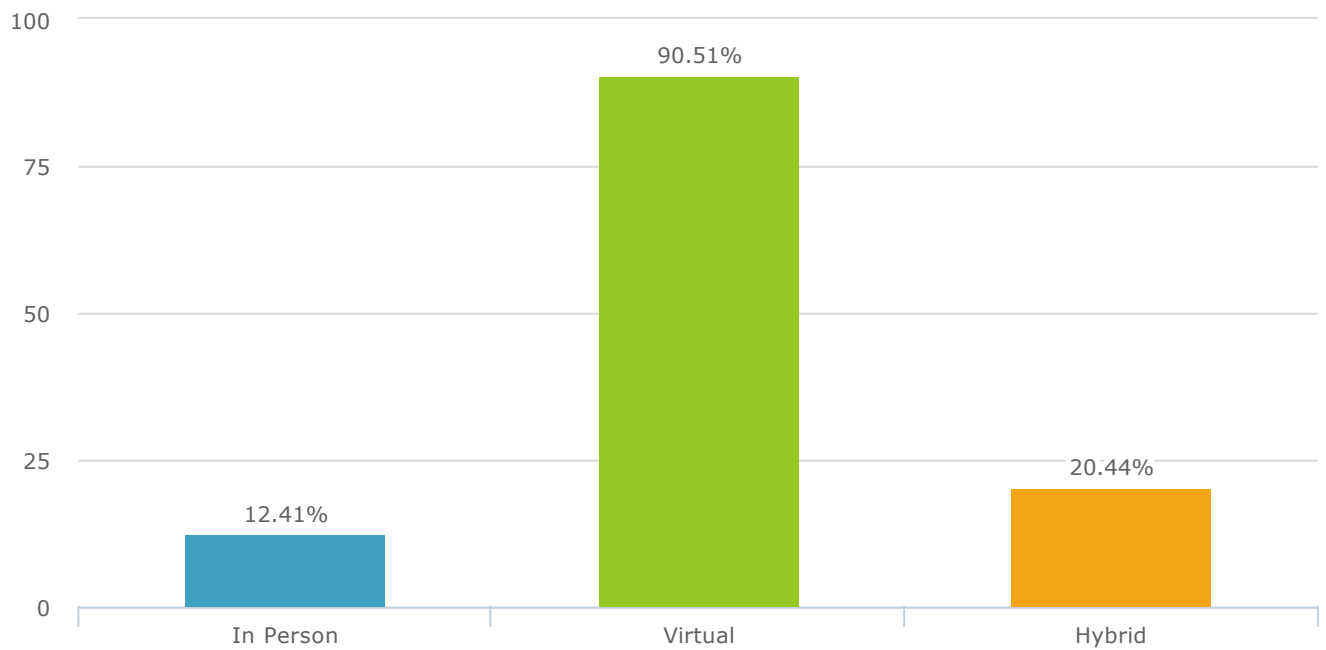


Summary Report

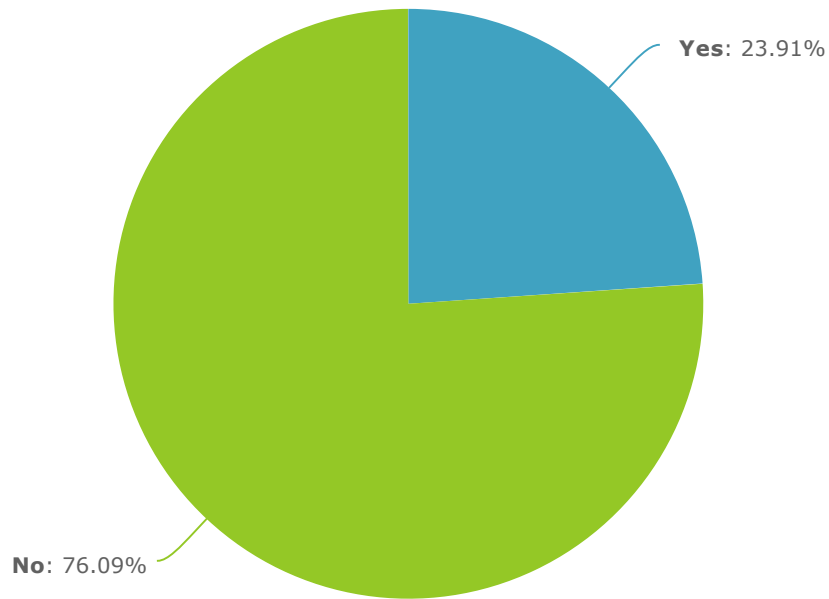
2021 RMR Nar-Anon Members Survey

1. I Attend Nar-Anon Meetings that are (select all that apply):



In Person	12.41%		17
Virtual	90.51%		124
Hybrid	20.44%		28
Total Responses			137
Skipped			4

2. I Primarily Live in Colorado

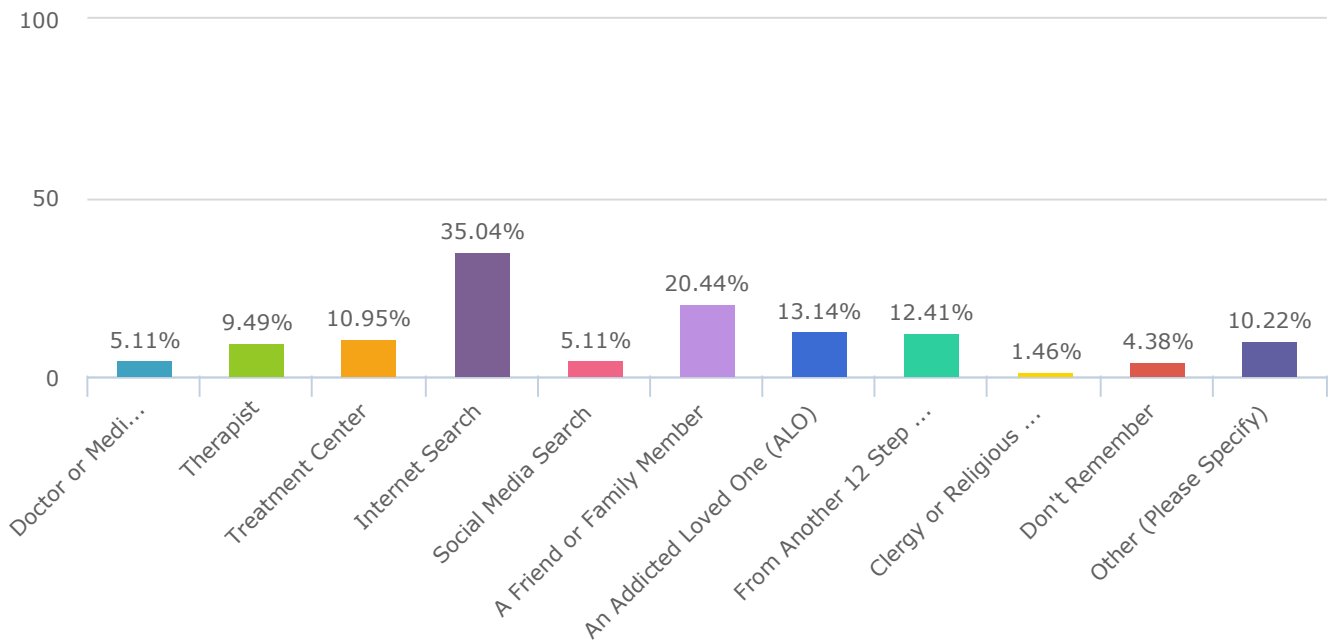


Yes	23.91%		33
No	76.09%		105
Total Responses			138
Skipped			3

3. I Don't Live in Colorado, I live here:

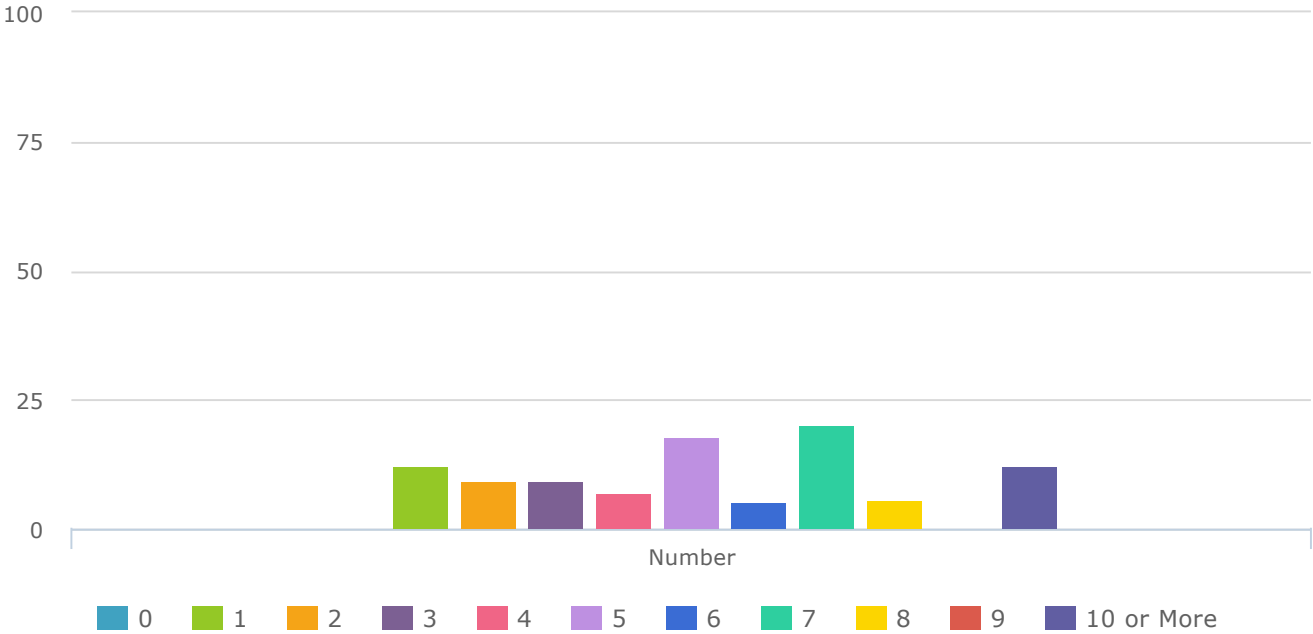
City	95	Total Responses	102
State / Providence	101	Skipped	39
Country	89		

4. I Found / Learned About Nar-Anon From A (choose all options that apply)



Doctor or Medical Professional	5.11%		7
Therapist	9.49%		13
Treatment Center	10.95%		15
Judicial System Referral	0.00%		0
Internet Search	35.04%		48
Social Media Search	5.11%		7
A Friend or Family Member	20.44%		28
An Addicted Loved One (ALO)	13.14%		18
From Another 12 Step Fellowship	12.41%		17
Clergy or Religious Organization	1.46%		2
Don't Remember	4.38%		6
Other (Please Specify)	10.22%		14
Total Responses			137

5. I Attend ____ Meetings and Nar-Anon Events a Week

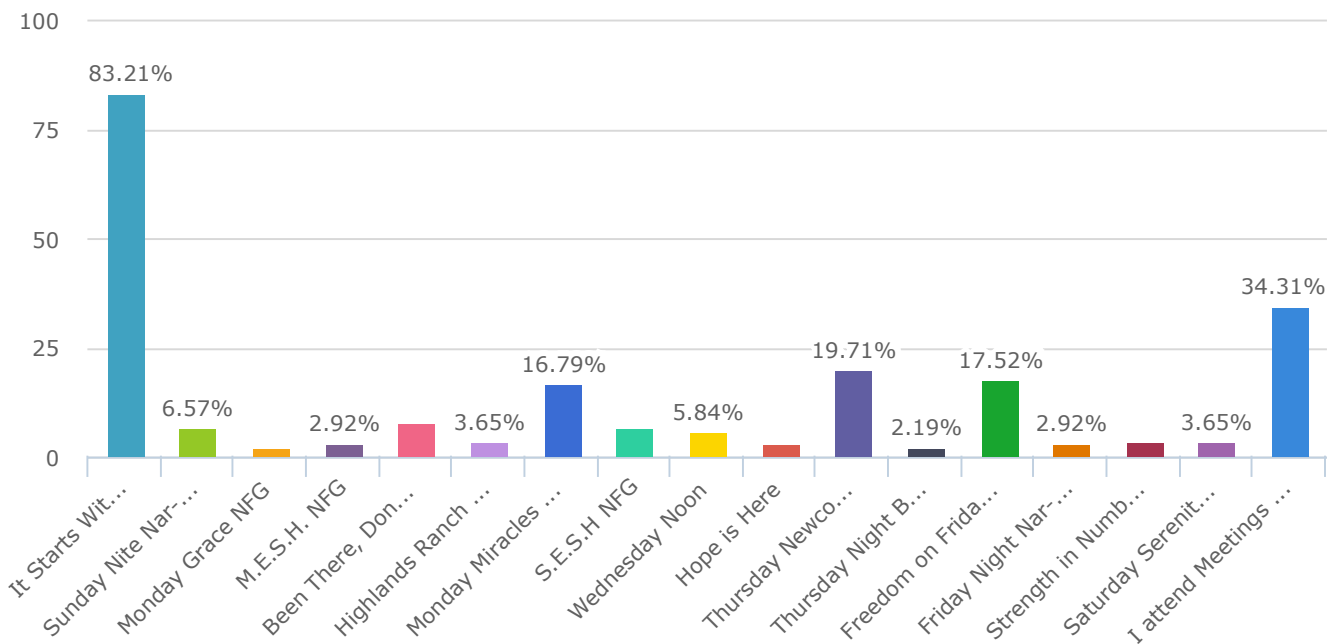


	0	1	2	3	4	5	6	7	8	9	10 or More
Number	0	17	13	13	10	25	7	28	8	0	3
	0.00%	12.32%	9.42%	9.42%	7.25%	18.12%	5.07%	20.29%	5.80%	0.00%	2.22%

Total Responses 138

Skipped 3

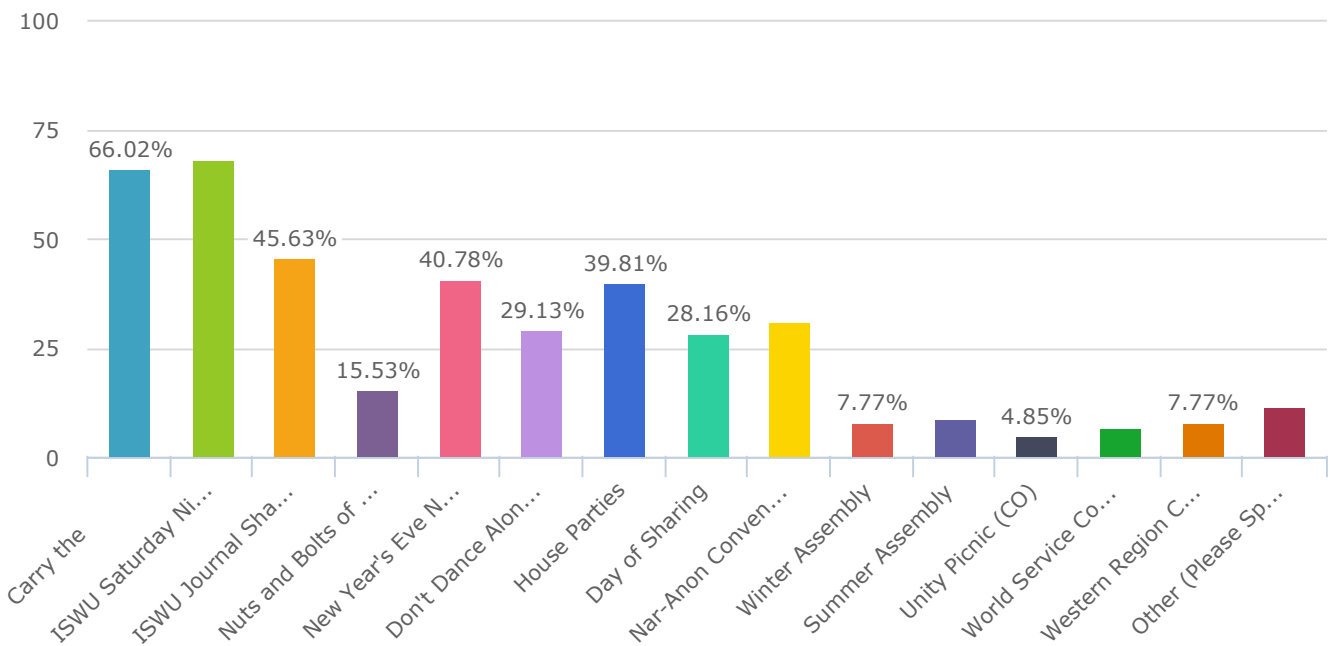
6. I attend the Following Rocky Mountain Region Nar-Anon Meetings Regularly (select all that apply).













It Starts With Us Virtual NFG	83.21%		114
Sunday Nite Nar-Anon Family Group	6.57%		9
Monday Grace NFG	2.19%		3
M.E.S.H. NFG	2.92%		4
Been There, Done That NFG	8.03%		11
Highlands Ranch Hope	3.65%		5
Monday Miracles Virtual NFG	16.79%		23
S.E.S.H NFG	6.57%		9
Wednesday Noon	5.84%		8
Hope is Here	2.92%		4
Thursday Newcomer's Virtual NFG (Formal Name TBD)	19.71%		27
Thursday Night Boulder Nar-Anon Family Group	2.19%		3
Freedom on Friday's Virtual NFG	17.52%		24
Friday Night Nar-Anon Family Group	2.92%		4
Boulder Basics NFG	0.00%		0

Strength in Numbers - Pueblo	3.65%		5
Saturday Serenity NFG - Longmont	3.65%		5
I attend Meetings Outside of the Rocky Mountain Region	34.31%		47
Total Responses			137
Skipped			4

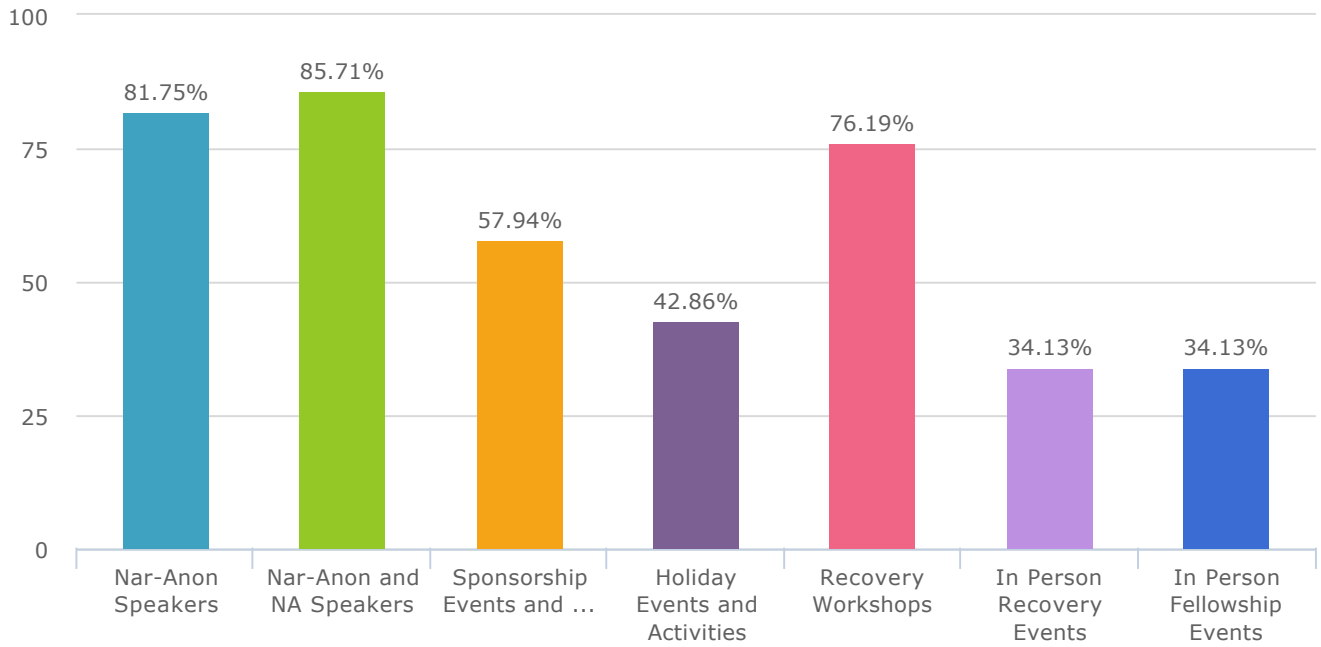
7. I attended the Following Region Events and Activities in 2021 (Select all that Apply)



Carry the Message Nar-Anon / NA Public Information Speaker Meetings	66.02%		68
ISWU Saturday Night Speaker Meetings	67.96%		70
ISWU Journal Share Nights	45.63%		47
Nuts and Bolts of Sponsorship - A Sponsor's Support Roundtable	15.53%		16
New Year's Eve Nar-Athon Meetings	40.78%		42

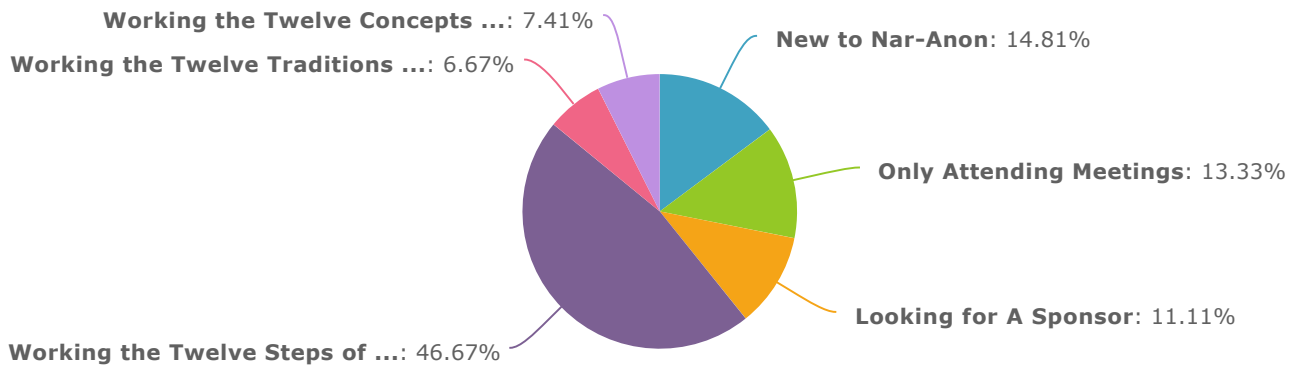
Don't Dance Alone Sponsorship Workshops	29.13%		30
House Parties	39.81%		41
Day of Sharing	28.16%		29
Nar-Anon Convention	31.07%		32
Winter Assembly	7.77%		8
Summer Assembly	8.74%		9
Unity Picnic (CO)	4.85%		5
World Service Convention	6.80%		7
Western Region Convention of NFGs Events	7.77%		8
Other (Please Specify)	11.65%		12
		Total Responses	103
		Skipped	38

8. I am interested in Events and Activities Related to (Select All That Apply):



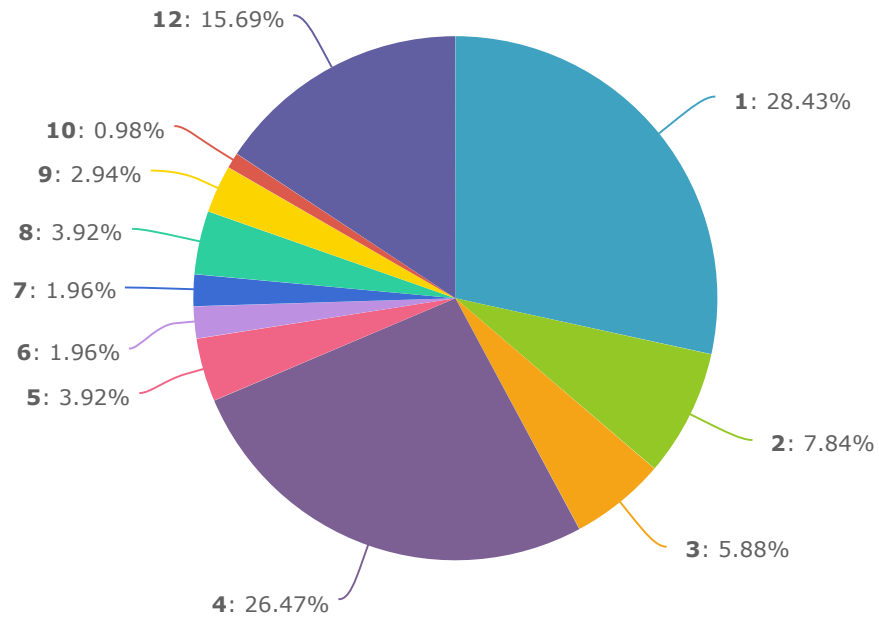
Nar-Anon Speakers	81.75%		103
Nar-Anon and NA Speakers	85.71%		108
Sponsorship Events and Activities	57.94%		73
Holiday Events and Activities	42.86%		54
Recovery Workshops	76.19%		96
In Person Recovery Events	34.13%		43
In Person Fellowship Events	34.13%		43
Total Responses			126
Skipped			15

9. I Am At This Stage in My Recovery Program (Select Best Option)



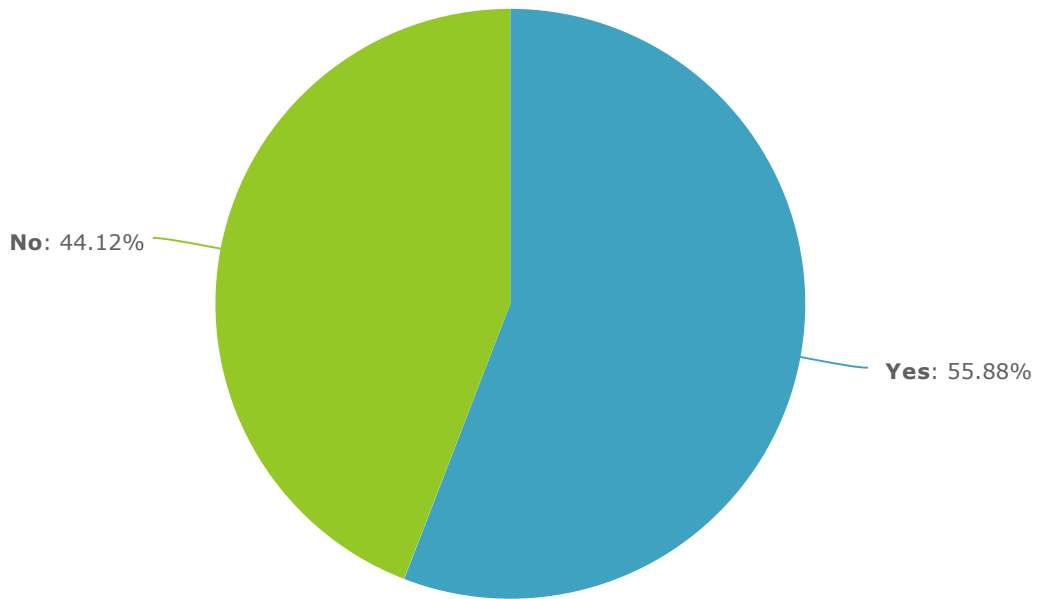
New to Nar-Anon	14.81%		20
Only Attending Meetings	13.33%		18
Looking for A Sponsor	11.11%		15
Working the Twelve Steps of Nar-Anon	46.67%		63
Working the Twelve Traditions of Nar-Anon	6.67%		9
Working the Twelve Concepts of Service in Nar-Anon	7.41%		10
		Total Responses	135
		Skipped	6



10. I am Working the Steps and Am On Step



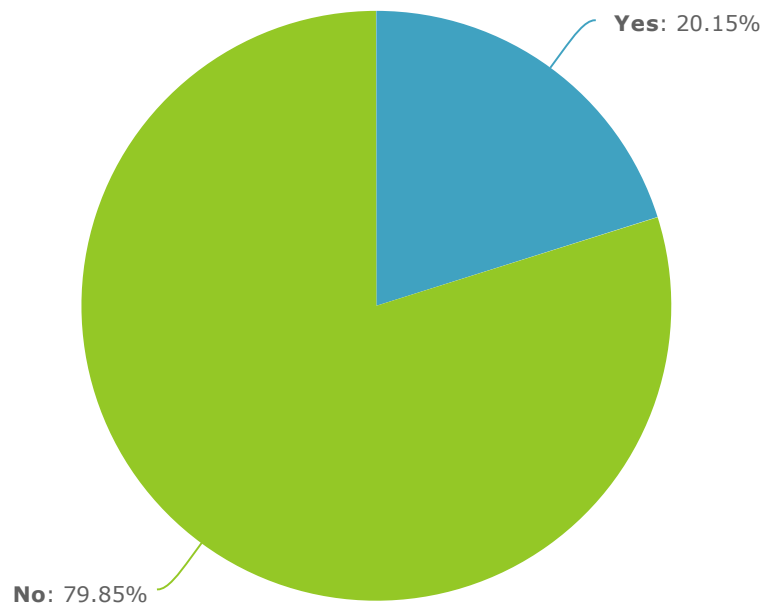
1	28.43%		29
2	7.84%		8
3	5.88%		6
4	26.47%		27
5	3.92%		4
6	1.96%		2
7	1.96%		2
8	3.92%		4
9	2.94%		3
10	0.98%		1
11	0.00%		0
12	15.69%		16
Total Responses			102
Skipped			39

11. I Have A Sponsor



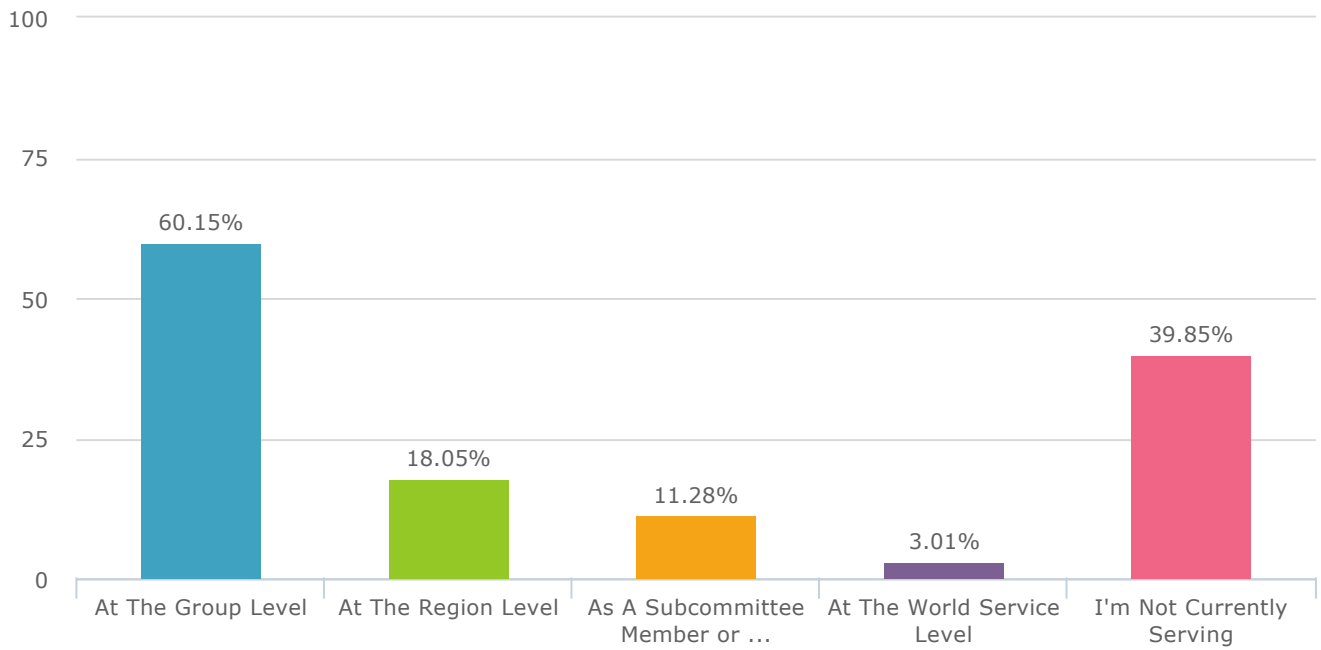
Yes	55.88%		76
No	44.12%		60
Total Responses			136
Skipped			5

12. I Sponsor Members of Nar-Anon



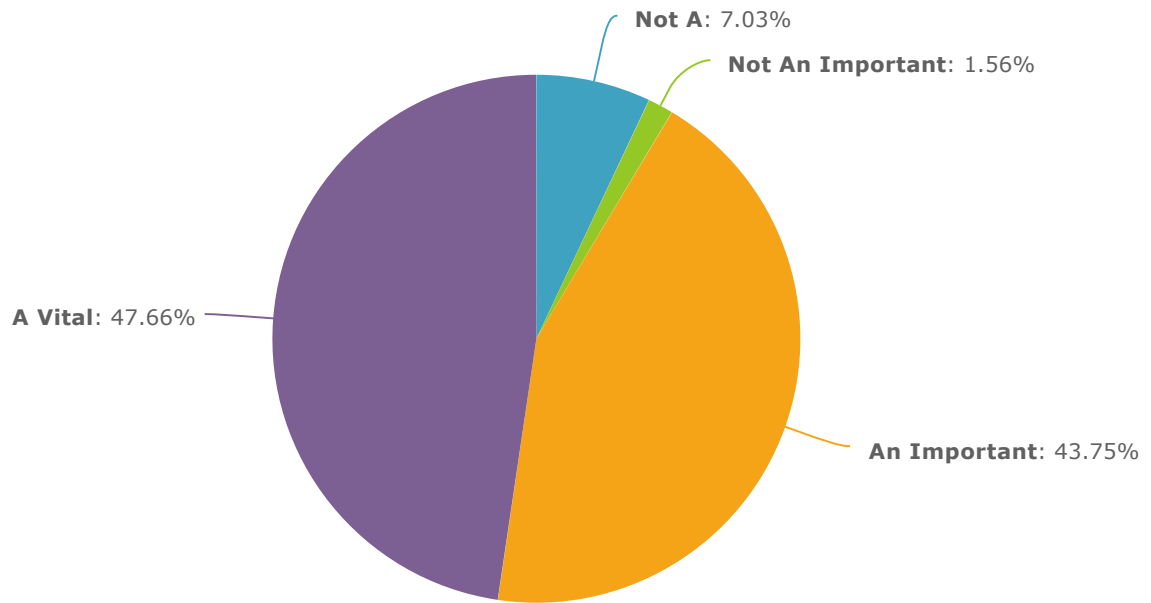
Yes	20.15%		27
No	79.85%		107
Total Responses			134
Skipped			7

13. I Am of Service to the Nar-Anon Fellowship (Select All That Apply)



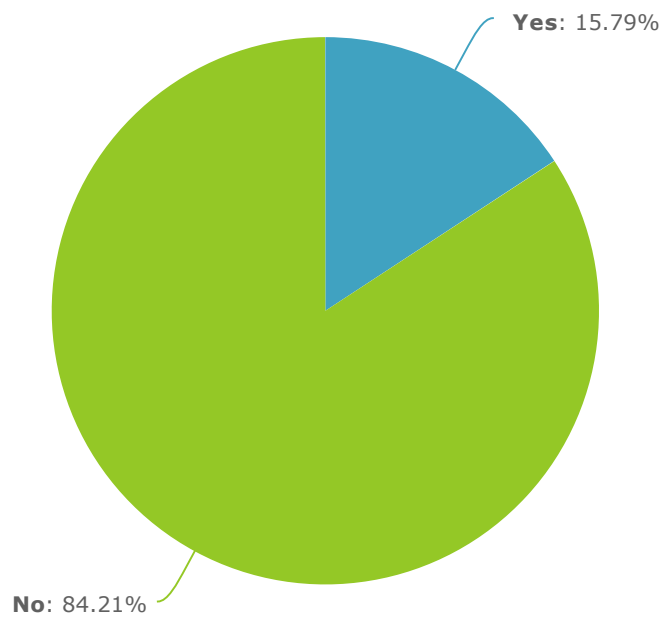
At The Group Level	60.15%		80
At The Region Level	18.05%		24
As A Subcommittee Member or Chair	11.28%		15
At The World Service Level	3.01%		4
I'm Not Currently Serving	39.85%		53
		Total Responses	133
		Skipped	8

14. Nar-Anon Service is a _____ Part of My Recovery Program



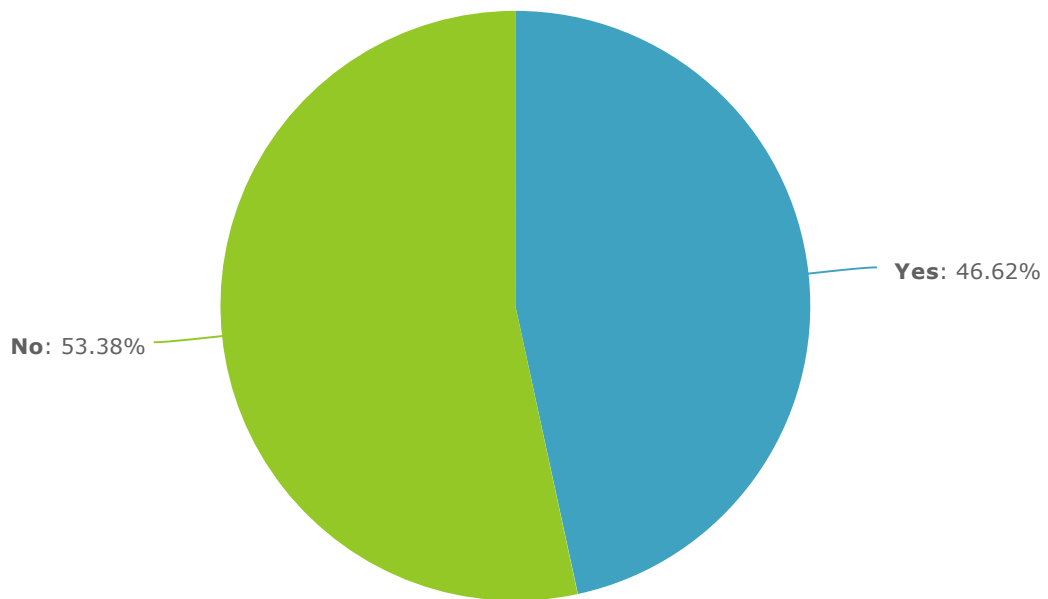
Not A	7.03%		9
Not An Important	1.56%		2
An Important	43.75%		56
A Vital	47.66%		61
Total Responses			128
Skipped			13



15. I have a Service Sponsor



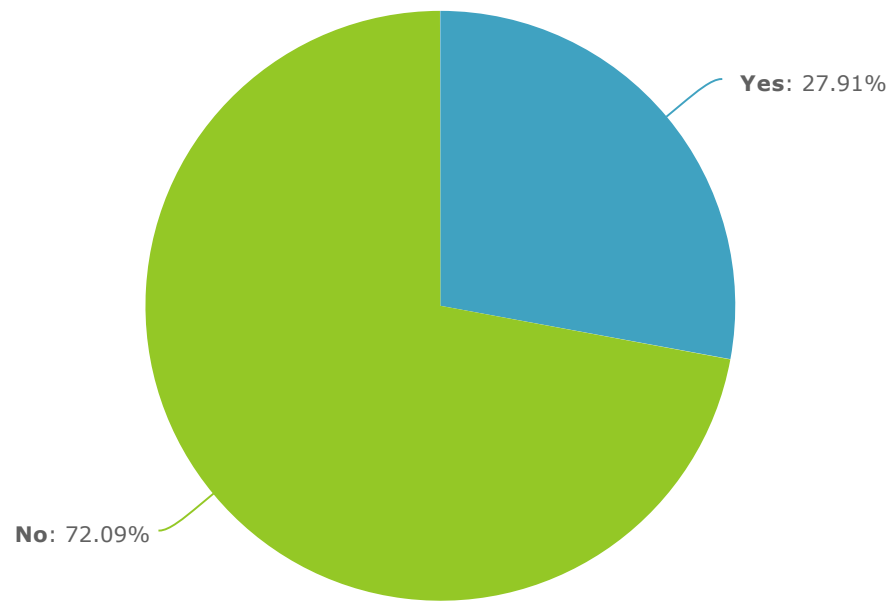
Yes	15.79%		21
No	84.21%		112
Total Responses			133
Skipped			8

16. I Am Studying The Twelve Traditions



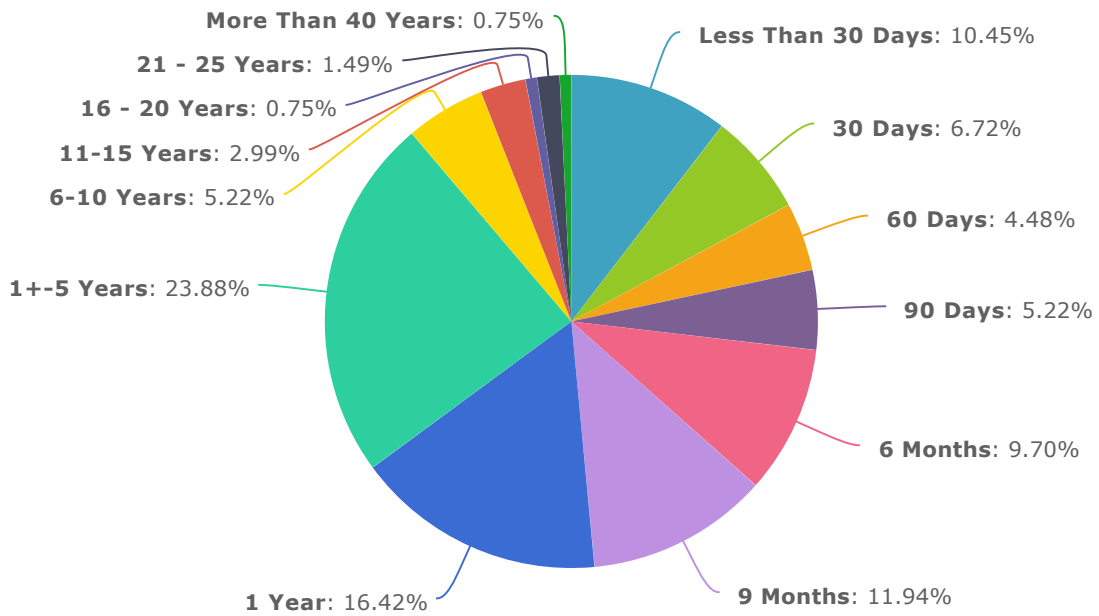
Yes	46.62%		62
No	53.38%		71
Total Responses			133
Skipped			8

17. I Am Studying The Twelve Concepts of Service



Yes	27.91%		36
No	72.09%		93
Total Responses			129
Skipped			12

18. I Have Been A Member of Nar-Anon



Less Than 30 Days	10.45%		14
30 Days	6.72%		9
60 Days	4.48%		6
90 Days	5.22%		7
6 Months	9.70%		13
9 Months	11.94%		16
1 Year	16.42%		22
1+-5 Years	23.88%		32
6-10 Years	5.22%		7
11-15 Years	2.99%		4
16 - 20 Years	0.75%		1
21 - 25 Years	1.49%		2
26 - 30 Years	0.00%		0
31 - 35 Years	0.00%		0
36 - 40 Years	0.00%		0
More Than 40 Years	0.75%		1

Total Responses	134
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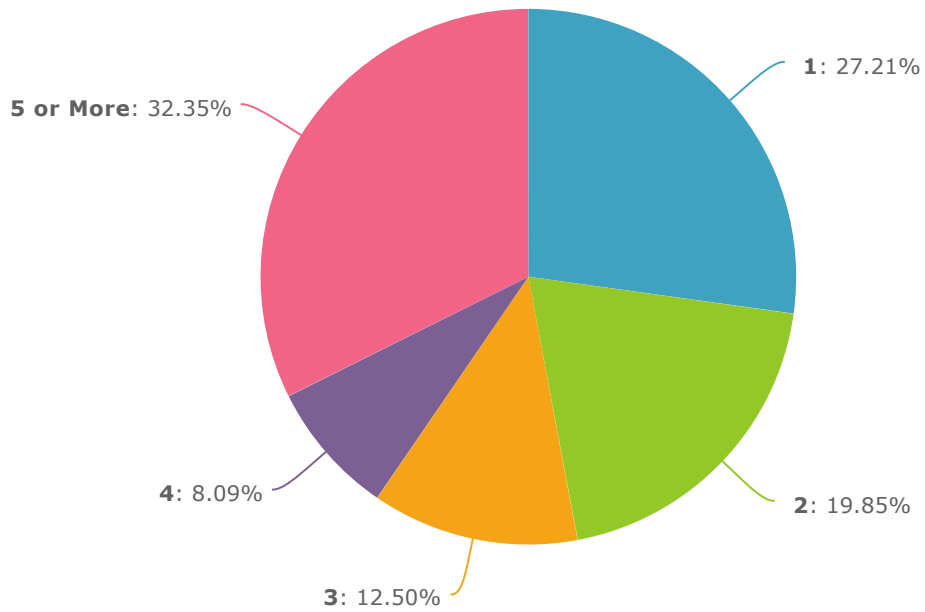
Skipped	7
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19. Nar-Anon Has Improved My Life In These Ways

Total Responses	116
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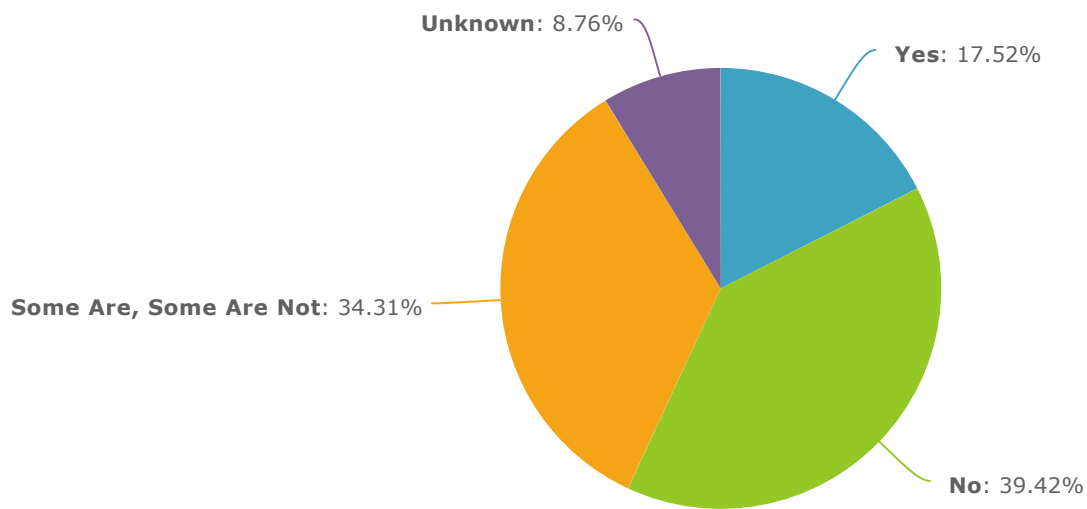
Skipped	25
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20. How Many Addicts Have Directly Affected Your Life?



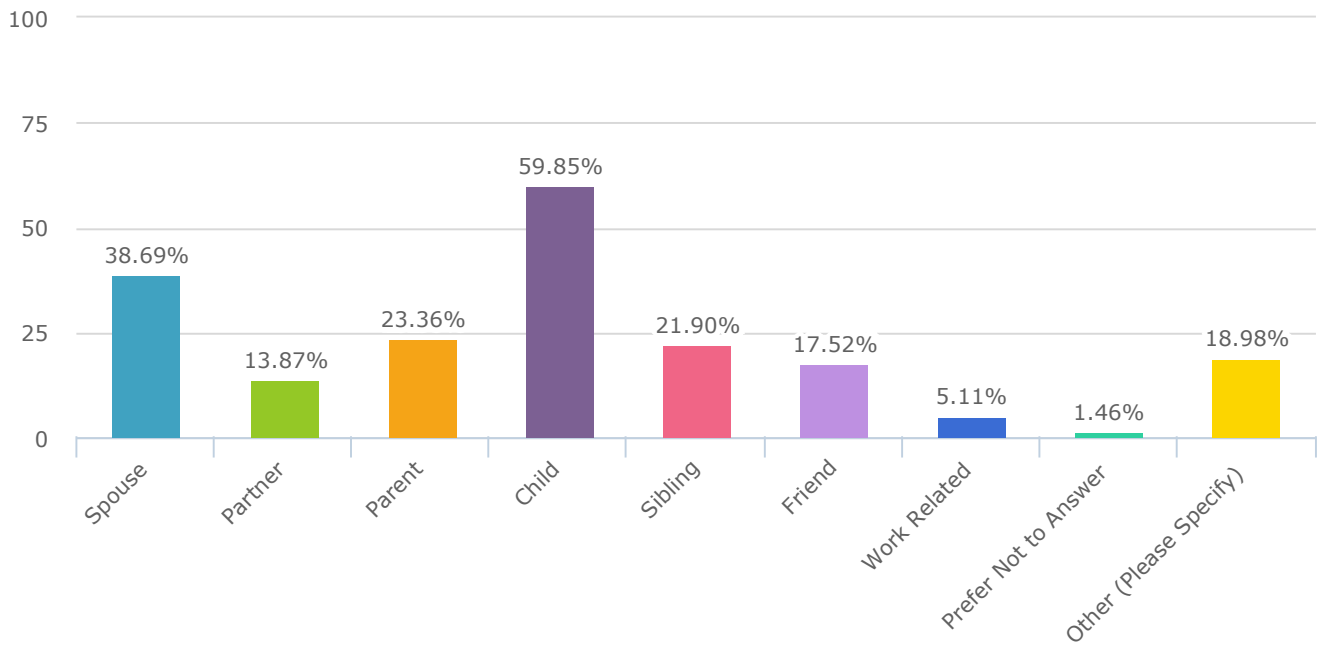
1	27.21%		37
2	19.85%		27
3	12.50%		17
4	8.09%		11
5 or More	32.35%		44
Total Responses			136
Skipped			5

21. The Addicted Loved Ones in My Life Are Clean



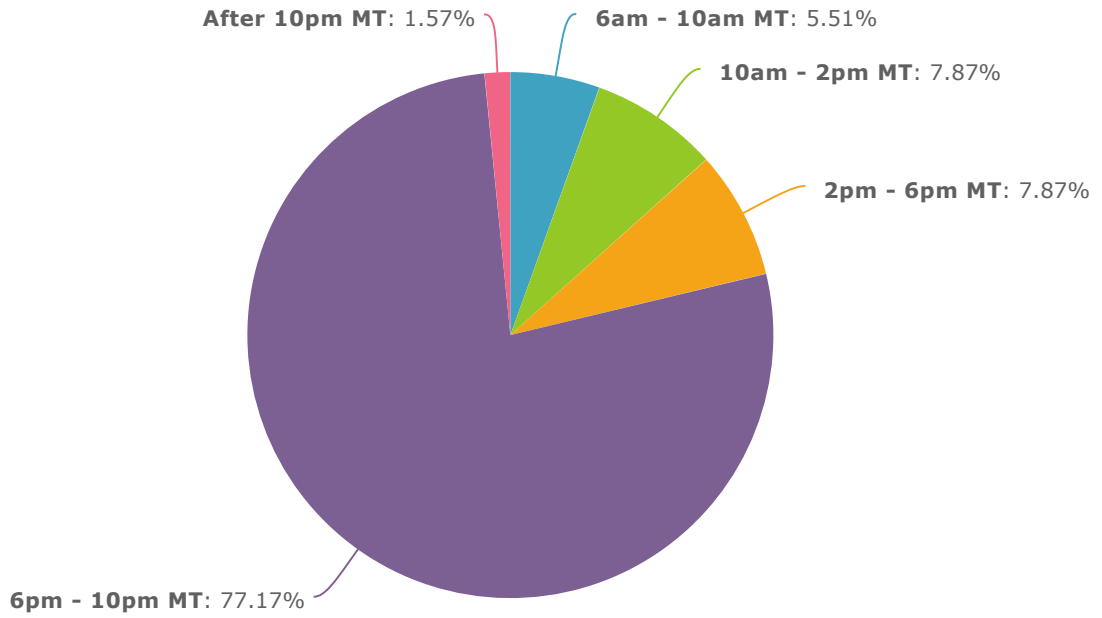
Yes	17.52%		24
No	39.42%		54
Some Are, Some Are Not	34.31%		47
Unknown	8.76%		12
Total Responses			137
Skipped			4

22. The Addict in My Life is My (Select All That Apply)



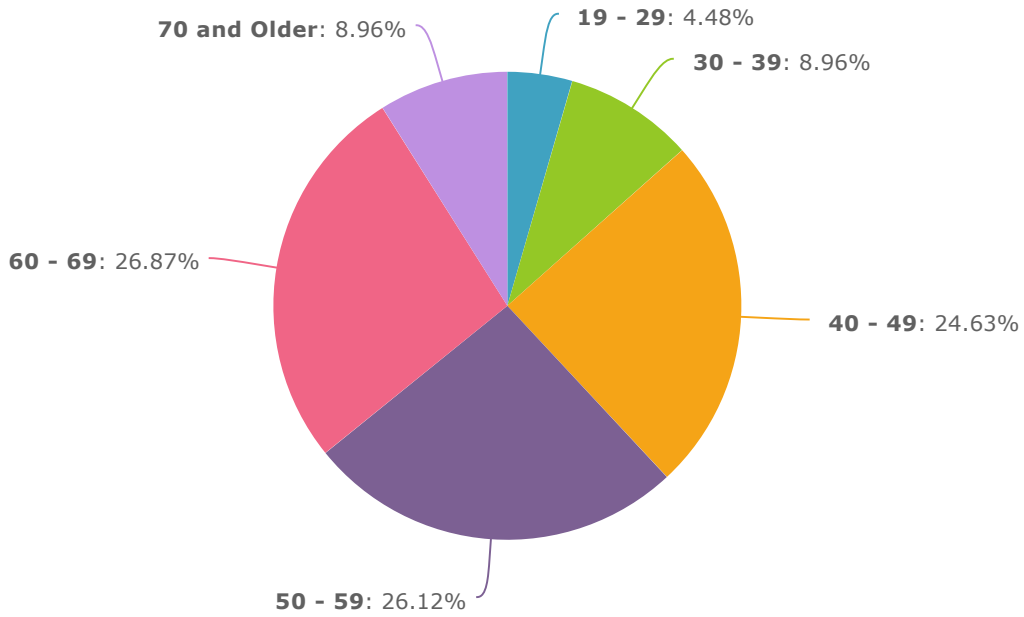
Spouse	38.69%		53
Partner	13.87%		19
Parent	23.36%		32
Child	59.85%		82
Sibling	21.90%		30
Friend	17.52%		24
Work Related	5.11%		7
Prefer Not to Answer	1.46%		2
Other (Please Specify)	18.98%		26
Total Responses			137
Skipped			4

23. I Would Prefer to Attend Meetings at (Responses are in Mountain Time)



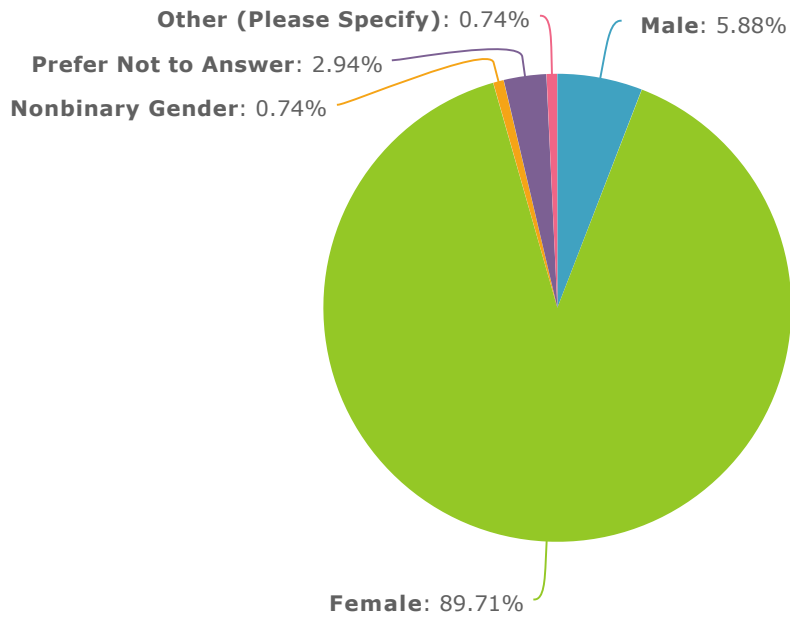
6am - 10am MT	5.51%		7
10am - 2pm MT	7.87%		10
2pm - 6pm MT	7.87%		10
6pm - 10pm MT	77.17%		98
After 10pm MT	1.57%		2
Total Responses			127
Skipped			14

24. I'm Currently ____ Years of Age



18 and Under	0.00%	<div style="width: 0%;"></div>	0
19 - 29	4.48%	<div style="width: 4.48%;"></div>	6
30 - 39	8.96%	<div style="width: 8.96%;"></div>	12
40 - 49	24.63%	<div style="width: 24.63%;"></div>	33
50 - 59	26.12%	<div style="width: 26.12%;"></div>	35
60 - 69	26.87%	<div style="width: 26.87%;"></div>	36
70 and Older	8.96%	<div style="width: 8.96%;"></div>	12
Total Responses			134
Skipped			7

25. I Identify with the Following Gender



Male	5.88%		8
Female	89.71%		122
Nonbinary Gender	0.74%		1
Prefer Not to Answer	2.94%		4
Other (Please Specify)	0.74%		1
Total Responses			136
Skipped			5

26. What Additional Ideas Would You Like to Share?

Total Responses	44
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Skipped	97
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27. What Questions Would You Like to Ask the Rocky Mountain Region Service Committee?

Total Responses	34
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Skipped	107
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