



# Rocky Mountain Region – TAKE BACK December 3, 2019

## **Get One – Be One**

*Why would I want a sponsor?  
How do I find a sponsor?  
Can someone who lives in a  
different town sponsor me?  
Why can't I sponsor myself?  
What is my primary purpose as a  
sponsor?  
Should I offer to sponsor someone?  
How do I "fire" a sponsor?*

## **Sponsorship Workshop**

10a – 2p (doors 9:30a)

Calvary Church  
1320 Arapahoe St.  
Golden, CO 80401

Snacks Provided



## **A Heart Felt Thanks**

Monday Grace Boulder volunteered to host the Winter Assembly February 15, 2020  
MESH and SESH will host the 9<sup>th</sup> Annual Day of Sharing May 2, 2020

## **Convention, Events and Fellowship Committee**

Get involved. Join the Events committee to help plan the Day of Sharing, and the Nar-Anon Convention. Contact Rebecka at 720-646-6060 [eventschairnaranonrm@gmail.com](mailto:eventschairnaranonrm@gmail.com)

## **New Conference Call Number**

Bad weather? Conflict in the building? Want to have a meeting with members from another part of the state? Use the new conference call number. It is available for use by any group.

**Dial in Number: 605-313-6237**  
**Access Code: 356353#**  
**Host Pin: 4187**

## **Thinking about Starting a New Meeting?**

The Rocky Mountain Region is here to help. Leave a voice message for Mary Elin at 719-429-5729

## **Open Service Positions**

**Public Outreach Chair** – Sets Agenda and runs the monthly conference calls, keeps track of the expenses, and reports to the RSC and Assembly.

**Vice-Chair of the Regional Service Committee** – The vice chair should be willing to become chair at the end of the current chair's term. If the chair is unable to fulfill the position, the vice chair assumes the chair's position for the duration of the term or until an election assembly is held. (See GLS for more info)

- If you have questions or are willing to stand for one of these positions contact Marian 303-877-6488

## **Public Outreach**

Get a Nar-Anon Buddy to spread the message "Nar-Anon Offers Hope." The focus of outreach is to let families and friends of addicts know that help is available. An outreach committee acts as a vital link between individuals seeking help and Nar-Anon members who share their experience, strength, and hope.



### **The Region will loan the following items to Nar-Anon members planning an outreach event**

- Banner
- Literature Rack
- Table Runner with Logo
- Table Cloth

Email

[naranonoffershopeco@gmail.com](mailto:naranonoffershopeco@gmail.com)  
to request the use of the outreach materials.

Visit <https://www.nar-anon.org/outreach> to get ideas of how to SPREAD AWARENESS!

## **Have you visited [naranonrm.org](http://naranonrm.org)?**

See a problem have a suggestion contact Jim [webchairnaranonrm@gmail.com](mailto:webchairnaranonrm@gmail.com)

## **Seventh Tradition – Fund Flow**

There are three ways to send in your groups' donation. PayPal can be used through our website [naranonrm.org](http://naranonrm.org), bring them to the Assembly, or mail your checks or money orders to:

**Nar-Anon RMR  
P.O. Box 102901  
Denver, CO 80250-2901**

Concept Eleven, "Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly."

## **Save The Date**

- January 25, 2020 – Sponsorship Workshop
- February 15, 2020 – Winter Assembly
- March/April TBA – CAR (Conference Agenda Report)
- May 2, 2020 – 9<sup>th</sup> Annual Day of Sharing
- July 18, 2020 – Summer Assembly
- November 14, 2020 – 5<sup>th</sup> Annual Nar-Anon Convention

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The next RSC meeting is **Tuesday, January 7<sup>th</sup> from 8:30p - 9:30p**

All Nar-Anon Groups, GSRs, and members are welcome and encouraged to participate. To receive an email with the conference call phone number, access code, and call for agenda items contact Liz at [secretarynaranonrm@gmail.com](mailto:secretarynaranonrm@gmail.com)