



Rocky Mountain Region – TAKE BACK February 15, 2020

9th Annual Day of Sharing

Detachment is one of the hardest tools of recovery to use. In the beginning, many of us are opposed to letting go of the addict and their problems. We try every other option we can think of all to no avail. We struggle to understand how this will help them or us. Come to the Day of Sharing to discover, "Detachment brings freedom and can eventually lead to a sense of serenity," Detachment the Key to Survival Pamphlet.



9TH ANNUAL DAY OF SHARING

May 2, 2020

11am – 3pm

**St. Luke's Lutheran Church
5265 North Union Blvd.
Colorado Springs, CO 80918**

For Questions or Information
eventschairnaranonrm@gmail.com



A PATH TO DETACHMENT

AGENDA

**10:30am check-in
11am - Welcome
11:20am – Tackling Detachment
Workshop
1pm – Potluck Lunch
2pm – Detachment Scrimmage**

Suggested \$10 Donation at the door

2020 Sponsorship Workshop

What a fantastic day of conversation as 38 members came together to talk about sponsorship! If you are still curious about sponsorship, speak with a member of your home group or contact the Rocky Mountain Region Chair Marian 303-877-6488.

Carry the Message – Nar-Anon Speaker Meeting with Public Information Speakers from Narcotics Anonymous

We did it! 34 Nar-Anon and NA Members gathered on February 1st to hear how each practices the 12 steps of recovery in their lives. Empathy, Understanding, and Unity were the keystones to the day.

Did you miss it? **Join us on Saturday, April 25th**

Breakfast Potluck begins at 9:30am. Speakers: 10am – 11am. Q & A: 11am to 11:45am
New Denver Church, 700 Bonnie Brae Blvd, Denver, CO 80209

Winter Assembly – February 15th

The Winter Assembly was a big success! Thank you to the members of Monday Grace for hosting. Highlights include: increasing the prudent reserve, passing the budget, and discussing our views about the 2020 Conference Agenda Report (CAR).

Public Outreach

Congratulations to Hila, our new Public Outreach Chair and Diana, who has joined the committee. We are grateful for their willingness to spread the Nar-Anon message of hope to the community. They can't do it alone! If you would like to help, please contact Hila at 720-299-9964 naranonoffershopeco@gmail.com

The Region will loan the following items to Nar-Anon members planning an outreach event

- Banner
- Literature Rack
- Table Runner with Logo
- Table Cloth

Email

naranonoffershopeco@gmail.com
to request the use of the outreach materials.



Visit <https://www.nar-anon.org/outreach> to get ideas of how to SPREAD AWARENESS!

Looking for a meeting? Search naranonrm.org

Thinking About Starting a New Meeting?

The Rocky Mountain Region is here to help. Leave a voice message for Mary Elin at 719-429-5729

Seventh Tradition – Fund Flow

There are three ways to send in your groups' donation. PayPal can be used through our website naranonrm.org, bring them to the Assembly in February and July, or mail your checks or money orders to:

**Nar-Anon RMR
P.O. Box 102901
Denver, CO 80250-2901**

Concept Eleven, "Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly."

Save The Date

- April 19, 2020 – CAR (Conference Agenda Report)
- May 2, 2020 – 9th Annual Day of Sharing
- July 18, 2020 – Summer Assembly
- November 14, 2020 – 5th Annual Nar-Anon Convention

The next RSC meeting is **Tuesday, April 7th from 8:30p - 9:30p**

All Nar-Anon Groups, GSRs, and members are welcome and encouraged to participate. To receive an email with the conference call phone number, access code, and call for agenda items contact Liz at secretarynaranonrm@gmail.com