



# Rocky Mountain Region – TAKE BACK

## February 5, 2019

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### ***Rocky Mountain Region Winter Assembly – Feb 23<sup>d</sup> 10a – 4p***

#### **The Academy Of Charter Schools North Campus**

12161 Park Centre Drive

Westminster, CO 80234

### ***To the Group Service Representatives, GSR***

The region supports the groups by providing opportunities for them to communicate with each other, acting on behalf of their common interest and encouraging growth of the fellowship.

- The GSR is the vital communication link between the groups and the Region. Each GSR brings the conscience of its group to the Region in the form of discussion, debate, motions, and vote.
- GSRs participate on the monthly Regional Service Committee (RSC) call. The conference call is the first Tuesday of each month from 8:30p – 9:30p.
- GSRs share with their group the monthly Take Back, flyers of future events, requests for volunteers to help on a committee, and other activities of the region.
- At the Assembly and on the RSC call, the GSRs are the voice of their group. GSRs may add agenda items, ask questions, join the discussion, share ideas, be the lone voice, or make a motion.
- At Assembly, GSRs are the ONLY members who have a vote and who can make a motion.
- The Assembly uses the Roberts Rules of Order to conduct the meeting. There will be information at the Assembly to help familiarize you with them.
- Arrive by 9:15a for the Assembly to fill out the GSR registration, get your orientation packet, meet others, grab a bite to eat, find your seat and relax.

### ***The Eighth Annual Day of Sharing is May 4<sup>th</sup> 11a – 3p (see flyer)***

#### **The Academy Of Charter Schools North Campus**

12161 Park Centre Drive

Westminster, CO 80234

### ***Would you like to be of Service?***

The Rocky Mountain Region is a great place to be of service to the Nar-Anon Family Groups.

The Region will be filling the following positions:

***Public Outreach Chair*** – Election on February 23, 2019

***Vice-Chair of the Regional Service Committee*** – Election on July 20, 2019

***Delegate*** – Election on July 20, 2019

***Alternate Delegate*** – Election on July 20, 2019

- If you have a question about the duties and responsibilities of these positions call Marian 303-877-6488

### ***Convention, Events and Fellowship Committee***

If you would like to participate on the Events Committee to plan the 2019 Convention, **Day of Sharing** or other events please contact Cindy at 303-868-2333.

*ALL MEMBERS ARE ENCOURAGED AND WELCOME TO PARTICIPATE*

*The committee meets the 3<sup>d</sup> Sunday of every month at Orchard Club South from 2p-3p*

*Orchard Club South (Look for the Hammersmith sign outside the building)  
23 Inverness Way East Suite 150  
Englewood, CO 80112*

### ***Public Outreach Committee***

The Public Outreach committee is currently looking for someone to chair the committee

*ALL MEMBERS ARE ENCOURAGED AND WELCOME TO PARTICIPATE*

*The committee meets the 3<sup>rd</sup> Sunday of every month at Orchard Club South from 1p-2p*

*Orchard Club South (Look for the Hammersmith sign outside the building)  
23 Inverness Way East Suite 150  
Englewood, CO 80112*

### ***New Meeting Start Up Committee***

A committee has formed to develop ideas on how the Rocky Mountain Region (RMR) can be helpful to new meetings or meetings that are struggling. If you are interested in joining the committee and have ideas to share, contact David at [garrity.david@gmail.com](mailto:garrity.david@gmail.com).

### ***Narateen Committee***

A Narateen group is a safe environment where teenagers can share and work on their recovery.

The Narateen Committee is currently developing the Narateen Safety Policies and Guidelines, which will be voted on at the Rocky Mountain Regional Assembly **February 23, 2019**.

If you are interested in joining the committee, being a Narateen Facilitator, or in starting a Narateen meeting near you, please contact Jan at 720-435-1813.

### ***Website***

Check it out our new website [www.naranonrm.org](http://www.naranonrm.org) Have an idea on how to improve the site? Share it with us.

### ***Seventh Tradition – Fund Flow***

There are now two ways to send in your groups' donation. PayPal can be used through our website [naranonrm.org](http://naranonrm.org) or mail your checks or money orders to:

**Nar-Anon RMR  
P.O. Box 102901  
Denver, CO 80250-2901**

### ***Finances - RSC BUDGET***

Concept Eleven reads, "Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly." The Region is currently preparing the Budget for 2019. It will be presented to the fellowship at the **Winter Assembly February 23, 2019** for a discussion and vote.

### **Save The Date**

- February 23, 2019 - Rocky Mountain Region Winter Assembly
- May 4, 2019 - Day of Sharing
- July 20, 2019 – Rocky Mountain Region Summer Assembly
- August 10, 2019 – Delegate Fundraiser

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The next RSC meeting is ***Tuesday, March 5th from 8:30p - 9:30p.***

All Nar-Anon Groups, GSRs, and members are welcome and encouraged to participate. To receive an email with the conference call phone number, access code, and call for agenda items contact David at [garrity.david@gmail.com](mailto:garrity.david@gmail.com)

Agenda items for March

- How to support new or struggling meetings
- GSR feedback from the groups