



Rocky Mountain Region – TAKE BACK

June 4, 2019

The Rocky Mountain Region Summer Assembly will be in Colorado Springs!

Thank you to M.E.S.H and S.E.S.H for hosting.

July 20, 2019 10a – 3p Lunch Provided

St. Luke's Lutheran Church

Melanchthon room

5265 North Union Blvd.

Colorado Springs, CO 80918

Group Conscious Discussions for the Summer Assembly

- Attributes of and the term for Delegate and Alternate Delegate (reference GLS Page 6-7, 6-8)
- Who in your group is interested in being the first Delegate or Alternate Delegate?
- Add to the 2019 Budget an amount for assisting new meetings
"Budget Changes - All motions requiring modifications to the budget require a two-thirds (2/3) majority of the voting assembly members."
- Suggested Motions to be made to the 2020 World Service Conference
 1. Add the 12 Traditions and the 12 Concepts to the back of the Nar-Anon 36 book
 2. Add the Nar-Anon Prayer to page one of the Blue Booklet
 3. Your Group can make a motion See Attached form and directions

Seeking Nominations for July 20th Election

Do you have a willingness to keep Nar-Anon strong and growing in Colorado? We need your help.

Public Outreach Chair – Sets Agenda and runs the monthly conference calls, keeps track of the expenses, and reports to the RSC and Assembly.

Vice-Chair of the Regional Service Committee – The vice chair should be willing to become chair at the end of the current chair's term. If the chair is unable to fulfill the position, the vice chair assumes the chair's position for the duration of the term or until an election assembly is held.

Delegate – Work for the good of Nar-Anon, providing two-way communication between the region and Nar-Anon as a whole. Attends the 2020 World Service Conference as the Rocky Mountain Region's voice and vote.

Alternate Delegate – In the delegates' absence, perform the duties of delegates

- If you would be willing to serve in any of these positions contact Marian 303-877-6488 by July 2, 2019

The Delegate Fundraiser Picnic

All monies raised will send the Delegate to the 2020 World Service Conference

\$5 suggested donation, \$1 drinks, Hot Dogs and Burgers Provided, Bring a Side Dish to Share.

This event is for the Entire Family

Come for the fun, stay for the fellowship

August 10, 2019 11a – 3p

O'kane Park – Shelter 1

7101 1st Avenue

Lakewood, CO

Narateen Committee

It is official! The Rocky Mountain Region can start a Narateen meeting. Each meeting must have at least 2 Narateen Facilitators. If your home group wants to start a Narateen meeting, contact Jan at 720-435-1813 for the details on how to do so.

A Narateen group is a safe environment where teenagers can share and work on their recovery.

Convention, Events and Fellowship Committee

Share your ideas for the **2019 Convention** with the new Events chair, Rebecka. She can be reached at 720-646-6060 Rebecka.atwell@gmail.com

Public Outreach Committee

NEW TIME AND WAY - The committee will now meet on the 4th Tuesday of every month from 7:45p-8:45p via conference call. To receive the call number and access code email chairnaranonrm@gmail.com

Get a Nar-Anon Buddy to spread the message "Nar-Anon Offers Hope." The focus of outreach is to let families and friends of addicts know that help is available. An outreach committee acts as a vital link between individuals seeking help and Nar-Anon members who share their experience, strength, and hope.

Visit <https://www.nar-anon.org/outreach> to get ideas of how you can SPREAD AWARENESS!

DID YOU KNOW?

You Can Submit Your Story to the Serenity Connection

The ***Serenity Connection*** is a quarterly newsletter of the Nar-Anon Family Groups. It's considered "Conference Approved Literature", therefore you may use its content in your groups for literature study. You can subscribe via email, view past digital editions below, or subscribe to paper editions via our [Webstore](#), and have it delivered right to your door.

<https://www.nar-anon.org/serenity-connection>

The Nar-Anon World Service Newsletter Committee wants to hear from you!

Articles are welcomed from all Nar-Anon members. Please keep your focus on the program at all times and share your experience, strength, and hope from the perspective of a Nar-Anon member. Follow the steps below to submit your stories to The Serenity Connection.

1. Read the guidelines for writing and submitting articles
2. Download, print, and sign the copyright release form
3. Submit your story and copyright release form to newsletters@nar-anon.org

Have you visited naranonrm.org?

Check it out and tell us what you think.

Seventh Tradition – Fund Flow

There are three ways to send in your groups' donation. PayPal can be used through our website naranonrm.org, bring them to the July Assembly, or mail your checks or money orders to:

**Nar-Anon RMR
P.O. Box 102901
Denver, CO 80250-2901**

Concept Eleven, "Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly."

Save The Date

- July 20, 2019 – Rocky Mountain Region Summer Assembly
- August 10, 2019 – Delegate Fundraiser (for the entire family)
- November 2, 2019 – 4th Annual Nar-Anon Convention

The next RSC meeting is ***Tuesday, July 2nd from 8:30p - 9:30p***

All Nar-Anon Groups, GSRs, and members are welcome and encouraged to participate. To receive an email with the conference call phone number, access code, and call for agenda items contact David at secretarynaranonrm@gmail.com