



# Rocky Mountain Region – TAKE BACK

## July 9, 2019

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### ***The Rocky Mountain Region Summer Assembly will be in Colorado Springs!***

Thank you to M.E.S.H and S.E.S.H for hosting.

Arrive by 9:30a, there is construction on 1-25 please leave plenty of time to travel safely

#### **July 20, 2019 10a – 3p Lunch Provided**

St. Luke's Lutheran Church, Melanchthon room  
5265 North Union Blvd.  
Colorado Springs, CO 80918

***Enter the facility from the parking lot through the lower level MAIN DOUBLE DOORS  
(Between the playground gates.) The meeting is on the upper level, Melanchthon room.  
Handicap/elevator access is provided. Contact - Melody @ 719-660-6545***

### ***Group Conscious Discussions for the Summer Assembly***

- A. Attributes of and the term for Delegate and Alternate Delegate (reference GLS Page 6-7, 6-8)
  - o Willing and Able to Travel and Serve at the WSO Conference in 2020 and 2022.
  - o Currently working the Program of Nar-Anon, practicing these principles in all their affairs.
  - o Have a working knowledge of the Steps, Traditions and Concepts of Service.
- B. Suggested Motions to be made to the 2020 World Service Conference (See Attached)
  - o Motion 1 - Add the Nar-Anon prayer to page one of the Blue Booklet
  - o Motion 3 - Add the 12 traditions and 12 concepts as the last pages of Nar-Anon 36
  - o Motion 4 – Add BoT to the literature chart on page 24 of the GWS
  - o Your group can propose a motion – fill out the form and bring it to the Assembly
- C. Will your group host the Winter Assembly on February 15, 2020?
- D. Discussion – How to support New Meetings, Add to the 2019 Budget an amount for assisting new meeting start up?
  - o **“Budget Changes** - All motions requiring modifications to the budget require a two-thirds (2/3) majority of the voting assembly members.”
- E. Make the Region's conference call number available for a new call-in weekly meeting

### ***Nominations for Delegate*** (See attached Resumes)

Each group service representative (GSR) present at the Summer Assembly will vote for our 1<sup>st</sup> delegate.

Cheryl K.  
David G.

### ***Descriptions of Open Service Positions in the Region – Election July 20th***

***Public Outreach Chair*** – Sets Agenda and runs the monthly conference calls, keeps track of the expenses, and reports to the RSC and Assembly.

***Vice-Chair of the Regional Service Committee*** – The vice chair should be willing to become chair at the end of the current chair's term. If the chair is unable to fulfill the position, the vice chair assumes the chair's position for the duration of the term or until an election assembly is held.

***Delegate*** – Work for the good of Nar-Anon, providing two-way communication between the region and Nar-Anon as a whole. Attends the 2020 World Service Conference as the Rocky Mountain Region's voice and vote.

***Alternate Delegate*** – In the delegates' absence, perform the duties of delegates

- If you would be willing to serve in any of these positions contact Marian 303-877-6488 by July 20, 2019

### ***Volunteer your Experience, Strength, and Hope at a Nar-Anon Outreach Table***

Mile Hi Church – Recovery Fair, 9077 W Alameda, Lakewood, CO 80226

August 3<sup>rd</sup> from 7:30a – 2p

Contact Jo at 303-871-7290 if you are willing to volunteer your time and join us

## ***The Delegate Fundraiser Picnic***

*All monies raised will help send the Delegate to the 2020 World Service Conference*

\$5 suggested donation, \$1 drinks, Hot Dogs and Burgers Provided, Bring a Side Dish to Share.

This event is for the Entire Family

**Come for the fun, stay for the fellowship**

**August 10, 2019 11a – 3p**

O'kane Park – Shelter 1

7101 1<sup>st</sup> Avenue

Lakewood, CO

## ***Narateen Committee***

It is official! The Rocky Mountain Region can start a Narateen meeting. Each meeting must have at least 2 Narateen Facilitators. If your home group wants to start a Narateen meeting, contact Jan at 720-435-1813 for the details on how to do so.

A Narateen group is a safe environment where teenagers can share and work on their recovery.

## ***Convention, Events and Fellowship Committee***

Share your ideas for the **2019 Convention** with the new Events chair, Rebecka.

She can be reached at 720-646-6060 [Rebecka.atwell@gmail.com](mailto:Rebecka.atwell@gmail.com)

## ***Public Outreach Committee***

**NEW TIME AND WAY** - The committee will now meet on the 4<sup>th</sup> Tuesday of every month from 7:45p-8:45p via conference call. To receive the call number and access code email [chairnaranonrm@gmail.com](mailto:chairnaranonrm@gmail.com)

Get a Nar-Anon Buddy to spread the message "Nar-Anon Offers Hope." The focus of outreach is to let families and friends of addicts know that help is available. An outreach committee acts as a vital link between individuals seeking help and Nar-Anon members who share their experience, strength, and hope.

Visit <https://www.nar-anon.org/outreach> to get ideas of how you can SPREAD AWARENESS!

## ***Have you visited naranonrm.org?***

Check it out and tell us what you think.

## ***Seventh Tradition – Fund Flow***

There are three ways to send in your groups' donation. PayPal can be used through our website [naranonrm.org](http://naranonrm.org), bring them to the July Assembly, or mail your checks or money orders to:

**Nar-Anon RMR**

**P.O. Box 102901**

**Denver, CO 80250-2901**

Concept Eleven, "Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly."

## **Save The Date**

- July 20, 2019 – Rocky Mountain Region Summer Assembly
- August 10, 2019 – Delegate Fundraiser (for the entire family)
- November 2, 2019 – 4<sup>th</sup> Annual Nar-Anon Convention

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The next RSC meeting is ***Tuesday, September 3<sup>rd</sup> from 8:30p - 9:30p***

All Nar-Anon Groups, GSRs, and members are welcome and encouraged to participate. To receive an email with the conference call phone number, access code, and call for agenda items contact David at [secretarynaranonrm@gmail.com](mailto:secretarynaranonrm@gmail.com)