

ROCKY MOUNTAIN REGION NAR-ANON CONVENTION 2023

AGENDA

 [Workshop Descriptions](#)



November 10-12, 2023

Embassy Suites 4705 Clydesdale Pkwy, Loveland, CO 80538

[REGISTER + VIEW ALL CONVENTION DETAILS](#) 

HELP THE CONVENTION BE FULLY SELF SUPPORTING! [MAKE A \\$5 DONATION](#) 

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FRIDAY NOV 10

12-3 pm • Hallway

Registration



3-4 pm • Maple A

Building Relationships in Recovery, Speed Dating



4-4:15 pm • Break

Break (15 mins)



4:15-5:30 pm • Maple A

Traditions in Relationships

4:15-5:30 pm • Maple B

They're Clean, Now What?

5:30-7 pm • Break

Dinner Break (90 mins)



7-7:30 pm • Maple A

Open Convention



7:30-9 pm • Maple A

Carry the Message, main speakers

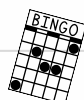
9-9:15 pm • Break

Break (15 mins)



9:15-10:15 pm • Maple A

Games



9:15-10:15 pm • Maple B

Candlelight Meeting



AGENDA

SATURDAY NOV 11

 [Workshop Descriptions](#)



8 am • Hallway

Registration



9-10 am • Maple A

Hangin' With HP Prayer and Meditation

9:15-9:30 am • Break

Break (15 mins)



10:15-11:45 am • Maple A

Nar-Anon Love Boat: Cruise from Desperation to Transformation on the Relation-Ships of Recovery

11:45 am - 1 pm • Break

Lunch Break (75 mins)



1-2 pm • Maple A

Transformation Into Sponsorship

2-2:15 pm • Break

Break (15 mins)



2:15-3:15 pm • Maple A

Magic of Letting Go

3:15-3:30 pm • Break

Break (15 mins)



3:30-4:30 pm • Maple A

Relationships With Grief

4:30-4:45 pm • Break

Break (15 mins)



4:45-5:30 pm • Maple A

Banquet Set Up

5:30-7 pm • Maple A

Dinner Banquet/Break (90 mins)



7-7:15 pm • Maple A

Announcements

7:15-8:15 pm • Maple A

Main Speaker



8:15-8:30 pm • Break

Break (15 mins)



8:30 pm-9:30 pm • Maple A

Games



9-10 am • Maple B

Who Am I?



10:15-11:45 am • Maple B

4th Step Workbook-Relationship Inventory



1-2 pm • Maple B

The Fun Side of Service



2-2:15 pm • Maple C

Committee Outreach

2:15-3:15 pm • Maple B

Same Tools Different Program

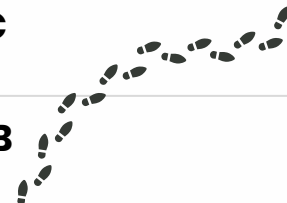


3:15-3:30 pm • Maple C

Committee Outreach

3:30-4:30 pm • Maple B

Handrails To The Steps



4:45-5:30 pm • Maple B

Ask it Basket



8:30 pm-9:30 pm • Maple B

Candlelight Meeting



AGENDA

 [Workshop Descriptions](#)

SUNDAY NOV 12



8-9 am • Maple A

Group Conscience

9-9:15 am • Break

Break (15 mins)



9:15-10:30 am • Maple B

Spiritual Walk

10:30-11:30 am • Maple A

Spiritual Speaker

11:30 am - 12 pm • Maple A

Convention Closing



[WORKSHOP DESCRIPTIONS](#)



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