

If someone you love has a drug problem...

Do you have a reason not to trust this person?

Are you cancelling your social functions with vague excuses?

Do you keep trying to make things better and nothing helps?

If it is your child, is he/she missing school often without your knowledge?

Do you find yourself making excuses, lying or covering up for someone?

Is it becoming difficult for you to believe his/her explanations?

If it is your spouse, is he/she missing work and leaving bills to pile up?

Do you lie awake worrying about this person?

Are you asking yourself, "What's wrong?" and "Is it my fault?"

Are your suspicions turning you into a detective and are you afraid of what you may find?



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(Excerpts from P-105)

Nar-Anon Offers Hope www.nar-anon.org

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