## **7th Tradition: It Matters**

#### **Big Ideas**

- Run a PSA during the Super Bowl
- A source where people can go to see who is available to sponsor.
- Nar-Anon app meeting search
- Create a piece of literature that shares experiences collecting 7th Tradition digitally.
- Utilize press, radio, films to show others who we are.
- Seventh tradition donation options
- Survey the fellowship every 2 years and track our growth.
- Daily meetings at same time in each region for consistency in availability. (Day meetings and Night meetings)
- Record an Audio Books of the SESH and Nar-Anon 36
- Request presence (info table and meeting room ) at NA conventions: 3 per year.
- "Learn to outreach" event.
- Everyone buys/prints the business cards and leaves them for doctors, counselors, NA meeting rooms and other places for Outreach . . .
- Some ideas don't cost money, just willingness!
- Teach people how to use QR codes to collect the 7th Tradition.
- Marathon meeting every hour, every day in the same virtual room (could be different groups)
- See signs across country for stop drugs want to hear see signs for carry message of Nar-Anon Billboards
- "Mentorship program" for service. 💔
- Submit writings in advance for display at World Conference. "Your story that led to attending this conference"
- Campaign for one-page written stories for CAL (with end date)

#### **Growth Goals**

- 100 new meetings by 2026
- Measure fellowship size, increase by percentage by date.
- International Surveys
- More UK \ European meetings
- More sponsors than people who are seeking a sponsor.
- More service sponsors or mentoring and discussions about it  $\stackrel{ ext{u}}{ ext{u}}$





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### Challenges

- Passing the basket virtually
- Better ability to get literature shipped internationally and get literature translated.
- Getting others to know we exist and believe they belong.
- How to reach the amount of people who meet our requirement for membership (problem of addiction in a relative or friend)
- Tradition 11 stifling us
- Carrying the message to high profile people
- Resources for regions. GLS and GWS are lacking.
- Length of time for board term (currently 6 years) deterrent
- Other service position term lengths
  - Needs
- Comfort/courage contacting each other.
- Free literature for newcomers in all countries
- Need more local in person meetings.
- Develop Men's Nar-Anon meetings.
- New daily reader
- Easier access to literature in Europe for outreach
- More information \ tips on how to find a sponsor and start the steps.
- Wider levels of sponsorship in groups
- Reduce length of time for trustees. 3 years with an opportunity to do another 3 years. It keeps people away because it is asking too much. SIX years is longer than a presidential term.
- House party on the skills/etiquette of a sponsor. Support for sponsors.
  - Method to train members who have worked the steps to become sponsors
  - Every Nar-Anon Group regularly contributes financially to the WSO
  - For newcomers explaining how the different groups are run.... Which groups are connected to each other and in what way.
  - In person events and interactive workshops
  - DIY version of a recording of literature being read and recorded. audio book style literature
  - Increase regular, recurring contributions to WSO by members. Spread the word on how to do that online.
  - Leverage RMR Nar-Anon to other parts of the country.
  - Members to Print and share the literature and contact info (found on naranon.org website). Doctors' offices, health coaches, etc.
  - An easier way to find meetings on Nar-Anon.org (list of Zoom numbers and passwords, rather than having to email for information)



