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RMR Virtual Meeting Room
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BEGINS
12/31/2025
8pm ET

2026 - 6TH ANNUAL NEW YEAR, NEW YOU

BRING IN THE NEW YEAR BY ATTENDING 24 NAR-ANON MEETINGS

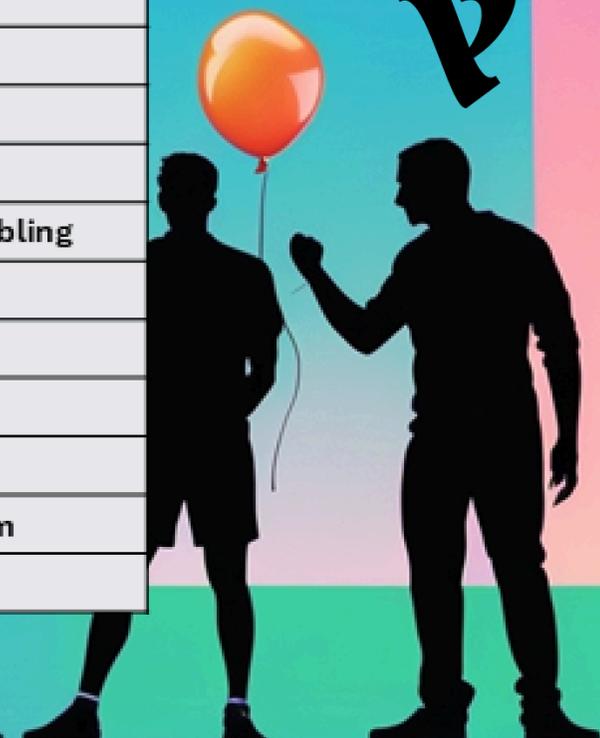
ENDS
01/01/2026
8pm ET

Translation &
Closed
Captioning
Are Available



TIME	GROUP REGION	LANGUAGE	TOPIC
8pm-9pm EST	Feel the Freedom New England Region	English	H.O.W.
9pm-10pm EST	It Starts With Us (ISWU) Rocky Mountain Region	English	Service
10pm-11pm EST	You're Not Alone New York Region	English	Step 10
11pm-12am EST	North-West Valley (Northridge) Southern California Region	English	Fellowship
12am-1am EST	Newcomers with Never Alone, Never Again Global Online Region	English	Outreach (newcomers)
1am-2am EST	Auckland NFG Global Online Region Global Online Region	English	Slogans
2am-3am EST	Group 36 (Moscow) Russia Region	Russian	Friendship Nar-Anon Style
3am-4am EST	Serebristy bereg Russia Region	Russian	LOVE
4am-5am EST	Nar-Anon yalnızca bugün için (Nar-Anon Just for Today) Turkey Region	Turkish	Detachment
5am-6am EST	The Serenity Group OMAN	Arabic	Forgiveness
6am-7am EST	luz y vida (Light and Life) Ecuador Region	Spanish	Faith
7am-8am EST	Nar-Anon Huzur Grubu (Nar-Anon Serenity Group) Turkey Region	Turkish	Serenity
8am-9am EST	Hope 4 Today UK Region	English	Acceptance
9am-10am EST	Helping Hands and Heart NFG Ontario Region	English	Step 1
10am-11am EST	Let's Get Honest & The Power Within New England Region	English	CAL
11am-12pm EST	Wednesday Men Sharing Hope Global Online Region	English	Higher Power
12pm-1pm EST	Let It Begin With Us Netherlands Region Global Online Region	Dutch	Courage to Change
1pm-2pm EST	We Begin Here (WBH) Rocky Mountain Region	English	Helping Versus Enabling
2pm-3pm EST	Grupo Ayuda Familiar de Downey, Ca Southern California Region	Spanish	Gratitude
3pm-4pm EST	Aceptacion Pico Rivera Southern California Region	Spanish	Step 3
4pm-5pm EST	Precious Present Carolinas Region	English	Powerlessness
5pm-6pm EST	Winners Too! Central Region	English	One Day at a Time
6pm-7pm EST	Been There Done That Rocky Mountain Region	English	Tools of the Program
7pm-8pm EST	Tuesday Together Midwest Region	English	Keep Coming Back!

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Hosted By Rocky Mountain Region Nar-Anon Family Groups

NEWYEARNEWYOU@NARANONRM.ORG

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