

We Begin Here

Nar-Anon Family Group



Welcome Newcomers!

We invite you to join us as you begin your Nar-Anon journey. We look forward to sharing, with you, what was so freely given to us!



**This meeting meets online every Thursday at
11am MT | 1pm ET | 12pm CT | 10am PT**

To attend, click on the icon to the left or go to: www.naranonrmr.org and click on the Purple "RMR Virtual Meeting Room" icon on the home page.

We cover the following topics on a rotating 7-week cycle:

About Addiction | Nar-Anon Steps 1 through 3 | Understanding Ourselves
Sponsorship | Service | Every 7th week we host a guest speaker.

**Please stay for the After Meeting to ask questions, share
and get support!**

Questions? Please email us at webeginhere365@gmail.com