



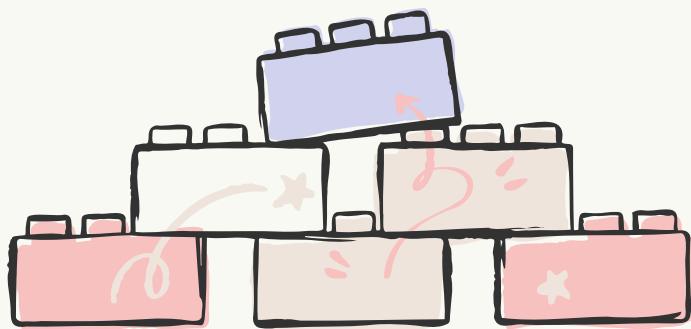
**NAR-ANON  
RMR 2026**

**BUDGET  
REPORT**



# TIMELINE

## 2026 RMR Budget Process



### SET PRIORITIES

We did this at the  
November 2025  
Meeting



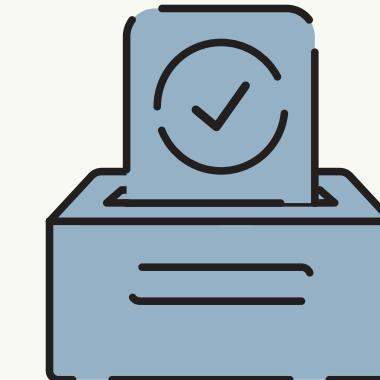
### PROPOSED BUDGET

Due to the Region  
January 6, 2026  
Concept Eight Folder or  
email [chair@naranonrm.org](mailto:chair@naranonrm.org)



### BUDGET DISCUSSION

February RSC Meeting  
February 4, 2026  
8 PM Mountain Time  
RMR Clubhouse



### BUDGET APPROVAL VOTE

February Assembly  
February 21, 2026  
8:30 AM Mountain Time  
RMR Main Room

# RECAP



	2025 Budget FY-8	2026 Budget FY-9	
<b>Income Budget Total</b>	<b>\$13,750.00</b>	<b>\$13,350.00</b>	<b>\$400.00</b>
<b>Expense Budget Total</b>	<b>\$17,713.80</b>	<b>\$18,718.00</b>	<b>(\$1,004.20)</b>
<b>Budget Surplus / Deficit</b>	<b>(\$3,963.80)</b>	<b>(\$5,368.00)</b>	<b>\$1,404.20</b>

# WAIT, IS THAT A DEFICIT?



Why yes it is!

Here are some things to consider:

We always leave room for loving HP to work in our budget.

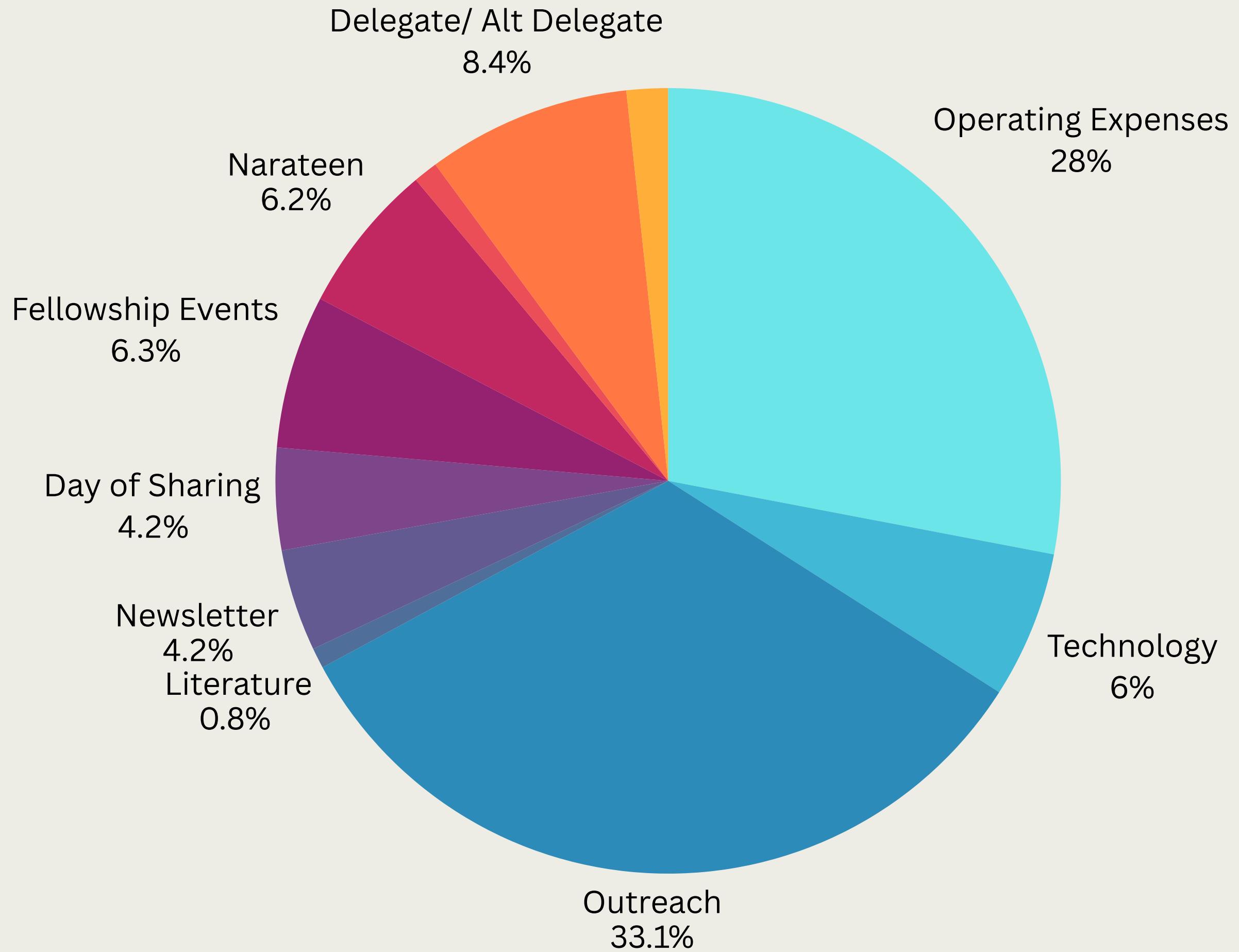
Our Traditions tell us to do as much as we can with as little money as possible - lest we get overly involved in money, property, or prestige. So we are lean and resourceful in how we carry the message and live out our primary purpose.

However, we need 7<sup>th</sup> Tradition Contributions to make up the difference, so please please use the slide at the end to help your group be fully self-supporting and the Region, too! If this is new to your group or members let us know how we can help.

# INCOME

COA		2025 Budget FY-8	2026 Budget FY-9	Variance
3100	Literature Sales	\$300.00	\$750.00	(\$450.00)
3200	Fundrasing	\$0.00	\$0.00	\$0.00
3210	Delegate Fundraiser	\$0.00	\$0.00	\$0.00
3300	Fellowship Events	\$1,350.00	\$1,000.00	\$350.00
3510	7th Tradition - Group Donations	\$4,000.00	\$4,500.00	(\$500.00)
3520	7th Tradition - Individual Donations	\$7,500.00	\$6,500.00	\$1,000.00
3530	Virtual Room Rent	\$600.00	\$600.00	\$0.00
<b>Total Income</b>		<b>\$13,750.00</b>	<b>\$13,350.00</b>	<b>\$400.00</b>

# EXPENSES SUMMARY



# REGION OPERATING

- Build up the structure from Delegate down to RSC to GSRs to meetings
- Groups need help with service at the group level
- If outreach efforts increase then group membership will too, and groups need to be ready
- Sponsorship - how to grow the sponsorship culture in the region
- We need to start meetings in Ft Collins
- We need to start a Spanish speaking meeting
- Creating a one-pager about service in the region
- Creating an invitation to folks to do service - individual invitations so people know they are wanted and can be of service
- Meticulously engage with groups and GSRs to invite folks to be part of regional activities
- Create new survey for the region in spring 2026 (already underway)
- Figure out how to estimate growth for the region - groups, members, 12 step engagement, service, etc
- Potentially do a regional inventory - like a 4th step - to see where we can grow
- Are we making service rewarding and growthful as a region or are we in a bureaucratic quagmire?

		2025 Budget FY-8	2026 Budget FY-9		
4241	Bank Fees - Debit Cards	\$20.00	\$10.00	\$10.00	
4242	Office Supplies	\$50.00	\$70.00	(\$20.00)	
4243	PayPal Fees	\$275.00	\$250.00	\$25.00	
4245	Converge/Elavon	\$440.00	\$440.00	\$0.00	
4270	Colorado Periodic Report	\$25.00	\$25.00	\$0.00	
4284	Virtual Meeting Subscriptions	\$1,639.80	\$1,300.00	\$339.80	
4285	Address MailBox - 1 year rental	\$240.00	\$240.00	\$0.00	
4286	Software Subscriptions	\$540.00	\$1,000.00	(\$460.00)	
<b>Operating Expense Total</b>		<b>\$3,229.80</b>	<b>\$3,335.00</b>	<b>(\$105.20)</b>	Higher

# OUTREACH

## PRIORITIES

- Our second highest priority was outreach
- Showing up at events with the general public and professionals
- Become known to folks
- Be a resource for professionals
- Have real nar-anon members at events to share ESH
- As a way to find folks who need us and to be of service to them
- Potential billboard idea
- Ad Council for an advertisement
- Bus ads
- Google Ads
- KGNU and other PSAs
- Did a lot of experiments this year to see what worked
- Good strong representation of who we are (branding) and what we do (communications) would help
- Social media as a way to reach people
- Working more with NA in Colorado to build on the growth this year
- Outreach to Alanon

		2025 Budget FY-8	2026 Budget FY-9	
4301	Hope Line (eVoice)	\$180.00	\$180.00	\$0.00
4302	Printing of Literature	\$500.00	\$670.00	(\$170.00)
4303	Purchased CAL Literature	\$1,000.00	\$1,800.00	(\$800.00)
4304	Registration fees	\$100.00	\$600.00	(\$500.00)
4305	Supplies/Materials	\$400.00	\$140.00	\$260.00
4306	Virtual Expenses	\$1.00	\$0.00	\$1.00
4307	Postage and Envelopes	\$200.00	\$50.00	\$150.00
4308	Advertising	\$99.00	\$500.00	(\$401.00)
<b>Outreach Committee Total</b>			<b>\$2,480.00</b>	<b>\$3,940.00</b>
				<b>(\$1,460.00)</b>

# TECHNOLOGY



## PRIORITIES

- Website is one of the highest priorities because so much happens there - outreach, people finding meetings, speaker tapes, resources, and newsletter.
- We have an amazing website
- How do we maximize the use of it to attract traffic and help people find meetings and recovery
- Could we add Spanish translation on the website?
- Do a survey of tech needs of the groups
- Sign up Genius could be held by region as at least 6 groups use it and we could expand capacity
- Accessibility will cause more attraction
- So translate website
- Project management software that could help us see what others are up to, share tasks and keep track of what is going on in the region
- SEO needs to be re-thought as it is no longer doing the recordings and could be different or be part of tech or be more about web visibility including AI and other technologies that are part of that world now

		2025 Budget FY-8	2026 Budget FY-9	
4281	Add Ons (Ionis)	\$0.00	\$0.00	\$0.00
4282	Domain Registration Fee	\$405.00	\$405.00	\$0.00
4283	Site Hosting Yearly (Ionis/Wordpress)	\$315.00	\$315.00	\$0.00
<b>Technology Committee Total</b>		<b>\$720.00</b>	<b>\$720.00</b>	<b>\$0.00</b>
		2025 Budget FY-8	2026 Budget FY-9	

# LITERATURE DEVELOPMENT



		2025 Budget FY-8	2026 Budget FY-9		
4451	Supplies	\$100.00	\$100.00	\$0.00	
	<b>Literature Development Committee Total</b>	<b>\$100.00</b>	<b>\$100.00</b>	<b>\$0.00</b>	Same

# NEWSLETTER



		2025 Budget FY-8	2026 Budget FY-9	
8001	Supplies	\$400.00	\$500.00	(\$100.00)
	<b>Digital Newsletter Committee Total</b>	<b>\$400.00</b>	<b>\$500.00</b>	<b>(\$100.00)</b>

# DAY OF SHARING



		2025 Budget FY-8	2026 Budget FY-9		
4501	Room Rental	\$100.00	\$100.00	\$0.00	
4502	Printing	\$100.00	\$100.00	\$0.00	
4503	Activity	\$100.00	\$100.00	\$0.00	
4505	Meals	\$200.00	\$200.00	\$0.00	
	<b>Day of Sharing Total</b>	<b>\$500.00</b>	<b>\$500.00</b>	<b>\$0.00</b>	<b>Same</b>

## PRIORITIES

- Groups need help with service at the group level
- If outreach efforts increase then group membership will too, and groups need to be ready
- Sponsorship - how to grow the sponsorship culture in the region
- Meticulously engage with groups and GSRs to invite folks to be part of regional activities

# FELLOWSHIP EVENTS

## PRIORITIES

- Groups need help with service at the group level
- If outreach efforts increase then group membership will too, and groups need to be ready
- Sponsorship - how to grow the sponsorship culture in the region
- Meticulously engage with groups and GSRs to invite folks to be part of regional activities

		2025 Budget FY-8	2026 Budget FY-9	
4510	Sponsorship Workshop	\$1.00	\$1.00	\$0.00
4520	Supplies	\$500.00	\$500.00	\$0.00
4530	Picnic - Nar-Anon Social	\$400.00	\$250.00	\$150.00
4540	Fundraising	\$1.00	\$1.00	\$0.00
	<b>Fellowship Events Total</b>	<b>\$902.00</b>	<b>\$752.00</b>	<b>\$150.00</b>

# NARATEEN



		2025 Budget FY-8	2026 Budget FY-9	
4601	Background checks	\$800.00	\$360.00	\$440.00
4602	Literature (CAL)	\$1.00	\$381.00	(\$380.00)
4603	\$25.00 Rent for 12 months	\$1.00	\$0.00	\$1.00
	<b>Narateen Total</b>	<b>\$802.00</b>	<b>\$741.00</b>	<b>\$61.00</b> Higher

# PRUDENT RESERVE & SPECIAL WORKERS

		2025 Budget FY-8	2026 Budget FY-9	
6001	Accountant	\$200.00	\$200.00	\$0.00
6002	Insurance	\$1.00	\$1.00	\$0.00
6003	Legal & Professional Fees	\$1.00	\$1.00	\$0.00
6004	Other Special Workers	\$1.00	\$1.00	\$0.00
<b>Tradition Eight Special Workers Total</b>		<b>\$203.00</b>	<b>\$203.00</b>	<b>\$0.00</b>
		2025 Budget FY-8	2026 Budget FY-9	
Internal	RMR RSC Prudent Reserve	\$5,500.00	\$3,000.00	\$2,500.00
<b>Prudent Reserve Transfer Total</b>		<b>\$5,500.00</b>	<b>\$3,000.00</b>	<b>\$2,500.00</b>

# DELEGATE/ALT DELEGATE



		2025 Budget FY-8	2026 Budget FY-9		
4901	Equalized Expenses	\$500.00	\$500.00	\$0.00	
	<b>WSC/IWSC Alt DelegateTotal</b>	<b>\$500.00</b>	<b>\$500.00</b>	<b>\$0.00</b>	Same
		2025 Budget FY-8	2026 Budget FY-9		
4951	Equalized Expenses	\$500.00	\$500.00	\$0.00	
	<b>WSC/IWSC DelegateTotal</b>	<b>\$500.00</b>	<b>\$500.00</b>	<b>\$0.00</b>	Same

## PRIORITIES

- A future discussion will be held to share ideas on how the CAR for the 2027 WSC can be easier for groups in the region to weigh in on (google forms, delegate visit discussions, mailers, motion discussion events etc.)

# CONTRIBUTIONS



		2025 Budget FY-8	2026 Budget FY-9		
7000	Contribution to WSO	\$6,000.00	\$6,000.00	\$0.00	
	<b>Contribution to WSO Total</b>	<b>\$6,000.00</b>	<b>\$6,000.00</b>	<b>\$0.00</b>	Same

# CONVENTION & CRUISE



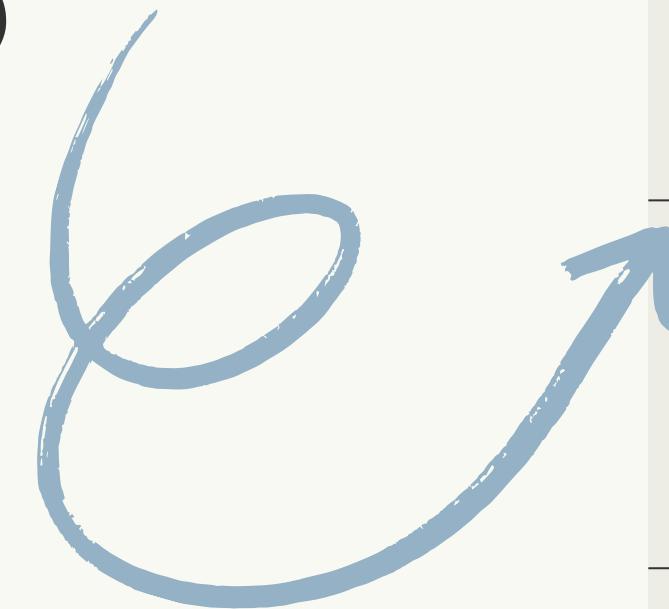
Why is there no budget for the RMR Convention and the Cruise?

Each of these important RMR events is fully self-supporting. The cost is covered by their own 7<sup>th</sup> Tradition contributions and the member's registration or booking fees.

While Cruise has a line item in the budget, they also have revenue they bring in so we do not count them as an expense.

Convention has their own bank account and no line items in the budget.

# WANNA KNOW MORE?



Lots of information and a new process!  
Help! Don't worry we have open two-way communication in Nar-Anon so here are some resources.

Come to the RSC meeting on February 3, 2026 in the Clubhouse at 8 PM Mountain where we will answer questions and take comments

Check out the budget and the priorities lists for complete information. GSR's have the info, it is on the RMR Website, and in the Concept 8 Folder

Contact the RMR Chair or the Treasurer  
[chair@naranonrm.org](mailto:chair@naranonrm.org)  
[treasurer@naranonrm.org](mailto:treasurer@naranonrm.org)

Discuss with your group at a Group Conscience or Business Meeting

Take a look at our Traditions, Concepts, and Guidelines on the RMR website

Find our budget information on the RMR website on the [Members tab under Information](#)

# 7<sup>TH</sup> TRADITION CONTRIBUTIONS TO THE ROCKY MOUNTAIN REGION



THE LINKS ARE CLICKABLE!

On [Nar-Anon RMR Contributions Page](#)

[PAYPAL](#)

Contact the RMR Chair or the Treasurer  
[chair@naranonrm.org](mailto:chair@naranonrm.org)  
[treasurer@naranonrm.org](mailto:treasurer@naranonrm.org)

Send a check to:  
Rocky Mountain Region Nar-Anon Family Groups  
2443 S University Blvd #260  
Denver, CO 80210-5407

Tradition Seven reads: "Every group ought to be fully self-supporting, declining outside contributions."

THANK YOU!