



Home Groups:

THE LIFE BLOOD OF THE
NAR-ANON FELLOWSHIP

Growing IN SERVICE

Starting Feb 3, 2026



Feb 3	Group Structure GLS Section 4	March 17	Healthy Meetings & Formats Guidelines for a Healthy Meeting S-303
Feb 10	Group Conscience Group Conscience S-305	March 24	Starting a Virtual Group Starting a Virtual Group S-335
Feb 17	Being a Home Group Member	March 31	Starting an In Person Group No Nar-Anon Group? S-309 Starting a Meeting and Never Been to a Twelve Step Meeting? S-323
Feb 24	Group Problems GLS Sec. 4-5	April 7	Customs and Styles GLS Section 3 Example Meeting Format S-314
March 3	Inappropriate & Disruptive Behavior Inappropriate & Disruptive Behavior S-326	April 14	Anonymity Let's Talk About Anonymity S-307
March 10	Appropriate Sharing & Crosstalk Appropriate Sharing & Crosstalk S-308	April 21	Group Inventory Group Inventory S-316

Each session is focused on Nar-Anon Service literature

<https://www.nar-anon.org/service-literature>

TUESDAYS

4 PM MT



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